

Brighter tomorrows begin with smoke-free today's

Having a mental illness or addiction can make it harder to stop smoking. The Kansas Tobacco Quitline can help.

The Kansas Tobacco Quitline now offers additional benefits to people with qualifying mental illnesses or substance abuse conditions, including **four weeks of FREE nicotine replacement therapy** and **seven calls with a trained Quit Coach.**

**Call 1-800-QUIT-NOW
for FREE help 24/7.**

KanQuit!
1-800-QUIT-NOW (784-8669)
KSquit.org


Kansas
Department of Health
and Environment