

Novel Coronavirus 2019 (COVID-19) Exposure Timeline

Part 1: Identifying Sources of Infection

	Date	Day	Location (with times)	Contacts	
Earliest Exposure Date		-14			
		-13			
		-12			
		-11			
		-10			
		-9			
		-8			
	Exposure Period		-7		
			-6		
			-5		
			-4		
			-3		
			-2		
	Symptom Onset		-1		
		0			

Novel Coronavirus 2019 (COVID-19) Exposure Timeline

Part II: Identifying Exposed Contacts and Sites of Transmission

	Date	Day	Location (with times)	Contacts
Symptom Onset		-2		
		-1		
		0		
		1		
		2		
		3		
Contagious Period		4		
		5		
		6		
		7		
		8		
		9		
		10		

Novel Coronavirus 2019 (COVID-19) Exposure Timeline

Suggested questions for each day.

- Where did you wake up this morning? Was anyone else staying in the same place as you?
- Where did you have breakfast? Did anyone dine with you?
- Did you go to work or school this day? What is that environment like? Do you sit with other people? What did your work day look like? Any meetings outside your office or normal workplace?
- Where did you eat lunch? Did anyone dine with you? Did you run any errands or go shopping?
- Where did you eat dinner? Did anyone dine with you?
- Did you go to the doctor?
- Any other outings or social gatherings (**Family reunion, Party, Concert, Work Meeting, or Conference**) For any outings (school/work/doctor/shopping/etc): How did you get there? Did you share a ride with anyone? Did you interact with anyone there for >10 minutes?