

## A SCREENING IS:

- A check to see if your child's development is on target.
- A chance to talk to someone about your child's development.
- A check to see if further developmental evaluation is needed to determine eligibility for Infant-Toddler Services.

Do you have questions about how your child is growing and developing? Why wait? Have your child checked to help you find out. If your child has special needs, early help *can make a difference*.

As parents, you need to be satisfied and comfortable with the growth and development of your child. It is never too soon to start following your child's development. KSITS can help answer your questions.



## SCHEDULING SCREENING FOR YOUR CHILD

All parents of infants and toddlers, ages birth through two years, are encouraged to take advantage of the screening services in their community. To find a screening in your community call your local network. Information is available at this number to connect you to your local KS ITS network.

**1-800-CHILDREN**



*For questions and information contact us at:*

### **KS Department of Health and Environment Infant-Toddler Services**

1000 SW Jackson, Ste 220  
Topeka, KS 66612-1274  
<http://www.ksits.org>  
(785) 296-6135

1-800-CHILDREN  
<https://www.kcsl.org/ParentHelpLine.aspx>



# DEVELOPMENTAL GROWTH FOR CHILDREN

## BIRTH TO 3 YEARS OF AGE

### GENERAL GUIDELINES



## KANSAS PART C INFANT-TODDLER SERVICES (KSITS)



February 2020

# EVERY CHILD IS DIFFERENT.. AND LEARNS AT ITS OWN PACE

*Every child is different and learns at his or her own pace. It's important to notice when your child begins to learn new skills and if he is on target. As your child is growing, use this checklist to see how she is doing.*

## 3 MONTHS OLD

- ✓ Grasp rattle or hair
- ✓ Follow moving objects with eyes
- ✓ Respond to loud sounds
- ✓ Wiggle and kick with legs and arms
- ✓ Lift head and chest while on stomach
- ✓ Smile at others
- ✓ Make cooing sounds
- ✓ Recognize bottle or breast
- ✓ Turn head toward bright colors and lights

## 6 MONTHS OLD

- ✓ Turn towards voices
- ✓ Explore toys with hands and mouth
- ✓ Roll over (both ways)
- ✓ Know familiar faces
- ✓ Help hold bottle during feeding
- ✓ Play with toes
- ✓ Babble
- ✓ Move toys from one hand to the other
- ✓ Sit with minimum support



## 12 MONTHS OLD

- ✓ Pull self to a standing position
- ✓ Crawl on hands and knees
- ✓ Drink from a cup
- ✓ Wave bye-bye
- ✓ Walk by holding onto furniture
- ✓ Put toys into a container
- ✓ Say 1 to 3 words
- ✓ Enjoy peek-a-boo and patty cake
- ✓ Point to items they want

## 18 MONTHS OLD

- ✓ Like to pull, push and dump things
- ✓ Pull off shoes and socks
- ✓ Like to look at pictures
- ✓ Feed self some
- ✓ Use 8 – 10 words that are understood
- ✓ Walk without help
- ✓ Stack 2 – 3 blocks
- ✓ Step off of low objects and keep their balance
- ✓ Turn 2 or 3 pages at one time



## 24 MONTHS OLD

- ✓ Use 2 -3 word sentences
- ✓ Feed themselves with a spoon
- ✓ Like to copy what others do
- ✓ Show affection to people/pets
- ✓ Run well
- ✓ Use and understand 50 words
- ✓ Build a tower of 6 blocks
- ✓ Identify hair, eyes, ears and nose by pointing
- ✓ Turn 1 page at a time

## 36 MONTHS OLD

- ✓ Use at least 100 words
- ✓ Use 3 – 5 word sentences
- ✓ Combine 2 ideas in a sentence
- ✓ Play with and show comfort to other children, take turns
- ✓ Walk up steps alternating feet and walk on tiptoes
- ✓ Dress with supervision
- ✓ Throw a ball overhand and ride a tricycle
- ✓ Repeat simple rhymes
- ✓ Use toilet

