

TITLE X FAMILY PLANNING IN KANSAS



The Kansas Title X Family Planning program is the only state/federal partnership program dedicated solely to the provision of reproductive well-being and related preventive health services. Services include:

- Comprehensive Well-Woman visits
- Contraceptive services
- Counseling on natural family planning, abstinence, sexual risk avoidance, etc.
- Pregnancy testing
- Achieving pregnancy
- Basic infertility services
- Preconception and interconception health services
- Referrals to adoption and prenatal care services
- Screening for breast & cervical cancer
- Sexually Transmitted Infections (STI)
- Screenings for cholesterol or blood pressure, diabetes, and BMI
- Screenings for intimate partner violence (IPV), human trafficking, anxiety and depression, alcohol and tobacco use, substance use

ABOUT TITLE X IN KANSAS

Title X services in Kansas are delivered by a network of local health and community service agencies.



Kansas Title X Program Funding:

\$2.6 MILLION in Federal OPA Funding
\$94,296 in State General Funds



45 Grants Awarded



58 Service Sites Serving 53 Counties

WHO KS TITLE X SERVED IN CALENDAR YEAR 2019

In 2019, providers served mostly young, low-income females, a vulnerable population. Of all clients served:

- 20,461 unduplicated clients served
- 69% were uninsured (had no public or private health insurance)
- Nearly 9 out of 10 were female
- Over half were under 30
- 15% of clients identified as Black or African American; 2% as Asian; 1% as American Indian and 78% Identified as white
- 39% of all clients identified as Hispanic with 7% having limited English proficiency
- 58% had family incomes at or below the poverty level



88%
Were Female



58%
Were Under 30 Years Old



More than Half
Had Family Incomes at or Below Poverty Level

Kansas Title X serves an important role for male clients.

- 12% of all clients were men
- Most male clients were in their 20s or 30s (86%)



Almost 7 out of 10
Were uninsured

CONTRACEPTIVE METHODS

Kansas Title X providers offer many safe and effective contraceptive methods approved by the Food and Drug Administration. Of all clients served:

- 16%** Of female clients are using a most effective contraceptive method: female sterilization, implant, IUD, or male vasectomy.
- 3%** Used abstinence to prevent pregnancy.
- 70%** Used a moderately effective method: injectable contraception, vaginal ring, contraceptive patch, pills, diaphragm, or cervical cap.
- 11%** Used a less effective method: male condom, female condom, sponge, withdrawal, a fertility awareness-based method, or spermicide.
- 9%** Did not use a contraceptive method because they were pregnant or seeking pregnancy

SCREENING & PREVENTIVE HEALTH SERVICES

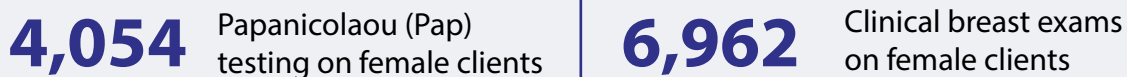
Kansas Title X STI and HIV screening services prevent transmission and adverse health consequences.

Clinics performed:



Kansas Title X cervical and breast cancer screenings contribute to early detection and treatment.

Clinics performed:



Kansas Title X pregnancy intention screening is an upstream approach to healthier birth outcomes.

Clinics performed:

- 99.9% of clients were screened for pregnancy intention.
- Many Title X providers & staff are certified in the pregnancy intention screening intervention [One Key Question](#).

Data sources :

Kansas Department Of Health and Environment 2019 Family Planning Annual Report; Kansas Department of Health and Environment 2019 Data Application and Integration Solutions for the Early Years (DAISEY)

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