

# Perinatal Substance Use

## Resource and Reference Guide for Providers

### Screening Tools

The Kansas Department of Health and Environment, Bureau of Family Health recommends use of the following screening tools with pregnant and postpartum women:

- [NIDA Quick Screen](#) (pre-screen)
- [ASSIST](#) (full screen)
  - World Health Organization: [ASSIST Primary Care Manual](#)
  - World Health Organization: [ASSIST Linked Brief Intervention](#)

### Kansas Medicaid Policy: Screening, Brief Intervention, and Referral to Treatment (SBIRT)

- KDADS [Standard Policy 503](#): Process required prior to administering and billing SBIRT services
- KDADS [Standard Policy 504](#): Process required for administering SBIRT services
- Kansas Medicaid approved [screening tools](#)
- Kansas Medicaid approved SBIRT training: [SBIRT for Health and Behavioral Health Professionals: How to Talk to Patients about Substance Use](#)

### Implementation Resources

- SBIRT tools, resources, patient education materials, and access to trainings and videos: [www.SBIRT.care](http://www.SBIRT.care)
- National Council for Mental Wellbeing: [Implementing Care for Alcohol & Other Drug Use in Medical Settings](#)
- Addiction Technology Transfer Center: [Perinatal Provider Toolkit](#)
- New Hampshire SBIRT: [SBIRT Implementation Playbook for Perinatal Providers](#)
- Academy of Perinatal Harm Reduction: [Pregnancy and Substance Use, a Harm Reduction Toolkit](#)

### Identifying Treatment Options in Kansas

- [Beacon Health Options](#) Kansas Engagement Center administers inpatient and outpatient substance use disorder treatment services for eligible populations. **To schedule a substance use assessment or to find treatment providers in your area, call Beacon Health Options at 1-866-645-8216 and select option 2.**
- [Kansas Designated Women's Substance Use Disorder Treatment Programs](#) provide specialized services to meet the needs of women and their children.
- SAMHSA Treatment Facility [Locator Map](#)

### Substance Use Treatment Services Information

- National Center on Substance Abuse and Child Welfare: [Understanding Substance Use Disorder Treatment: A Resource Guide for Professionals Referring to Treatment](#)
- [Kansas Substance Use Treatment Services Array](#), including information about the services provided in Kansas

### SBIRT in Practice

SBIRT Oregon, a national leader in SBIRT education, offers video resources, online curriculum, screening tools and clinic tools available for free use, and workflows on practicing SBIRT.

- Website: <https://www.sbirtoregon.org/>
- Videos: <https://www.sbirtoregon.org/video-demonstrations/>
- Clinic Workflow: <https://www.youtube.com/watch?v=KlaCo3zw1PM>
- Directive Communication Towards Behavior Change: <https://www.youtube.com/watch?v=cSBsgmgYm8o>
- A Better Way to Screen for Substance Use: [https://www.youtube.com/watch?v=jt\\_I2Yg2Ik4](https://www.youtube.com/watch?v=jt_I2Yg2Ik4)

## Resources, Recommendations, and Opinion Statements

### Substance Use and Pregnancy Education

- American Academy of Addiction Psychiatry: [Use of Illegal and Harmful Substances by Pregnant Women](#)
- American Society of Addiction Medicine: [Women, Alcohol and Other Drugs, and Pregnancy](#)

### Early Identification and Integration

- AMCHP and NASADAD: [Screening, Brief Intervention, and Referral to Treatment \(SBIRT\) for Pregnant and Postpartum Women, Opportunities for State MCH Programs](#)
- AJOG, Special Report: [The Role of Screening, Brief Intervention, and Referral to Treatment in the Perinatal Period](#)
- SAMHSA Treatment Improvement Protocol 24: [A Guide to Substance Abuse Services for Primary Care Clinicians](#)
- U.S. Prevention Services Task Force: [Screening in Primary Care Settings for Illicit Drug Use](#)
- ACOG: [Optimizing Postpartum Care](#)

### Brief Interventions and Referrals to Treatment

- Boston University: [Tools for the Brief Negotiated Interview](#)
- ACOG: [Motivational Interviewing](#)
- ACOG: [Communication Strategies for Patient Handoffs](#)
  - [Confidentiality of Substance Use Disorder Patient Records](#) (42 CFR Part 2)
    - SAMHSA Fact Sheet, [Revised Rule](#) (as of July 2020)

### Mandated Reporting

- ACOG: [Substance Abuse Reporting and Pregnancy: The Role of the OBGYN](#)

### Tobacco

- ACOG: [Smoking Cessation During Pregnancy](#)
- Kansas Tobacco Cessation Help (KaTCH) [FREE online training course for clinical staff](#)
- Kansas Tobacco Quitline [Overview Flyer](#)

### Alcohol

- ACOG: [At-Risk Drinking and Alcohol Dependence: Obstetric and Gynecologic Implications](#)
- ACOG: [Alcohol Abuse and Other Substance Use Disorders: Ethical Issues in OBGYN Practice](#)
- [Alcohol Patient Education](#); this double-sided handout can be given to and discussed with patients during the brief intervention. Available in [English](#), [Spanish](#), and [Vietnamese](#)

### Marijuana

- ACOG: [Marijuana Use During Pregnancy and Lactation](#)
- [Marijuana Patient Education](#); this double-sided handout can be given to and discussed with patients during the brief intervention. Available in [English](#), [Spanish](#), and [Vietnamese](#)

### Methamphetamine

- ACOG: [Methamphetamine Abuse in Women of Reproductive Age](#)
- [Methamphetamine Patient Education](#); this double-sided handout can be given to and discussed with patients during the brief intervention. Available in [English](#), [Spanish](#), and [Vietnamese](#)

### Opioids

- ACOG: [Opioid Use and Opioid Use Disorder in Pregnancy](#)
- SAMHSA: [Clinical Guidance for Treating Pregnant & Parenting Women with Opioid Use Disorder & Their Infants](#)
- [Prescription Opioids and Heroin Patient Education](#); this double-sided handout can be given to and discussed with patients during the brief intervention. Available in [English](#), [Spanish](#), [Vietnamese](#), and [Burmese](#)

### Substance Use and Breastfeeding

- ABM Clinical Protocol: [Guidelines for Breastfeeding and Substance Use of Substance Use Disorder](#)
- Kansas Breastfeeding Coalition: [Marijuana and Other Illegal Drugs and Breastfeeding Resources](#)