

About 3 in 4 (73%) of the total 3,679 violent deaths in Kansas were suicides.



More than half (56%) of those who died by suicide had a high school education or less.



About 3 in 10 (29%) suicide poisoning deaths were caused by an opiate overdose, followed by antidepressants (27%) and benzodiazepines (19%).



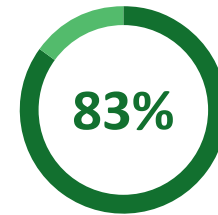
Residents in Frontier[‡] (35.1 per 100,000 persons) counties had higher suicide rate than the Kansas average (21.5 per 100,000 persons).



In 2020, suicide was the **2nd leading cause of death** among people ages 10-34 and the **4th leading cause of death** for people ages 35-44 in Kansas.¹



About **79%** of suicide deaths were among males, who had 3.6 times the suicide rate of females.



Most suicides (83%) were among **non-hispanic Whites**.

Top 3 Occupation Groups

% of total workers ≥ 16 yrs, both sexes

Construction/Extraction, **13.6%**

Unpaid[¶], **12.4%**

Transportation/Material Moving, **8.9%**

[¶]Unpaid: housewife, homemaker, student, disabled, volunteer, patient, inmate, and those who did no work.

Rates for high-risk occupations



Farm/Forestry/Fishing

Male workers in Farm/Forestry/Fishing had the highest suicide rate, 147.5 per 100,000; **Female workers in the Health Care Support** had almost 2 times the suicide rate of the average among females (19.2 vs 10.7 per 100,000).



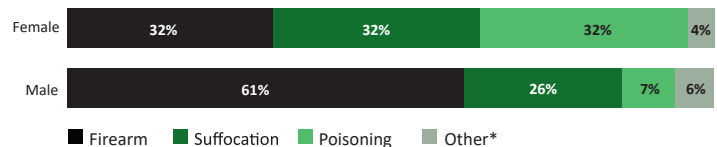
Health Care Support



About 72.4 per 100,000 Veterans died by suicide, which was 3.4 times the rate of non-veterans (21.0 per 100,000).

Causes of Death

Firearm ↑ in males and poisoning or drug overdose ↑ in females.



From 2016-2020, there was an estimated \$28.7 billion (2020 US dollars) in medical expenses, work loss and quality of life loss and 85,017 years of potential life lost (YPLL) among people who died by suicide before the age of 75.

Circumstances Around Suicides

Mental Health & Substance Abuse

- **Almost 1 in 2** were identified as having current depressed mood or mental health problems at the time of death.
- **About 1 in 4** had substance or alcohol abuse problem.

Life Stressor

- **1 in 4** had a physical health problem.
- **1 in 5** had an argument or conflict that led to death.
- **About 1 in 10** had recent criminal, legal, financial or job problems.

Interpersonal

- **About 1 in 3** had intimate partner problems.

Suicide Specific

- **About 2 in 5** had a history of suicidal thought.
- **3 in 10** told someone about their thoughts and/or plans to die by suicide.

2023

