PROPOSED

Materials to Remove from the Publications Form

The Kansas WIC agency is working toward offering more digital nutrition education materials because of the feedback received from the September 2022 Local Agency Nutrition Education Survey. With increased staff demand for digital content, the Kansas WIC agency is focusing more staff time on managing digital nutrition education materials and less staff time on managing print materials. The State agency is working to consolidate print materials by discontinuing materials that are outdated or irrelevant or with information that is available in other materials.

The Brush Art Eat Grow Live Healthy series will continue to be available. The series is currently under revision, with expected availability of the updated series in the fall. The Proposed List of Updated Nutrition Education Materials for the Website also offers more links to PDFs that local agencies can print in their clinics, as well as a few websites where local agencies can order free publications.

The current breastfeeding materials were not reviewed for removal at this time, but some additional ones were added to the Proposed List of Updated Nutrition Education Materials for the Website document.

<table>
<thead>
<tr>
<th>Proposed Materials to Remove</th>
<th>Rationale for Removal</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Circle Diagram Counseling Aids</td>
<td>• Dated design</td>
</tr>
<tr>
<td></td>
<td>• Unaware of any local agencies currently using this resource routinely with clients</td>
</tr>
<tr>
<td>• When Your Baby is Born (bookmark)</td>
<td>• Other materials are available with similar information</td>
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<tr>
<td>• A Healthy Smile for You and Your Family</td>
<td>• Multiple other resources are available online for staff to refer clients to or print:</td>
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<tr>
<td></td>
<td>o Give Your Baby Healthy Teeth</td>
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<tr>
<td></td>
<td>o Oral Health Campaign Kit</td>
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<tr>
<td></td>
<td>o Why Should I Take My Baby to the Dentist? (video)</td>
</tr>
</tbody>
</table>
- Bottles & Bedtime
- Breastfeeding and Healthy Teeth
- Brushing Up for Healthy Teeth
- Cavity Free Starts at Pregnancy
- Choose the Right Container
- Fluoride for Healthy Teeth
- Healthy Snacks Limit Acid Attacks
- Is Your Mouth Ready for Pregnancy?
- Lift the Lip
- My Child’s First Dental Visit
- Tasty Treats for Teeth
- They’re Not Just Baby Teeth
- Toothpaste Tips

- These materials will still be available for local agencies to order directly from Oral Health Kansas by emailing KHunt@OralHealthKansas.org.
- Multiple other resources are available online for staff to refer clients to or print:
  - 2min2x Brushing Game for 4yo [phone app]
  - AAP Why Children Need Fluoride [PDF]
  - AAP Common Questions About Fluoride [PDF]
  - AAP Oral Health Campaign Toolkit [download]
  - AAP Oral Health Pregnancy [video]
  - ADA Nutrition and Oral Health [webpage]
  - ADA When to Take Baby to Dentist [video]
  - HHS Dental Care with Special Needs [PDF]
  - HHS Dental Habits All Children [PDF]
  - HHS Dental Habits Under 3 [PDF]
  - HHS Dentist While Pregnant [PDF]
  - HHS Oral Health Promotional Tools [webpage]
  - Oral Health Kansas Find a Dentist [webpage]
  - Oral Health Kansas [webpage]
  - wichealth To-Go Baby’s Teeth & Gums [PDF]
  - wichealth To-Go Baby’s Teeth & Gums [text image]
  - wichealth To-Go Dental Health During Pregnancy [PDF] (Spanish)
  - wichealth To-Go Dental Health During Pregnancy [text image]
  - wichealth To-Go Nutrition for a Healthy Mouth [PDF]
  - wichealth To-Go Nutrition for a Healthy Mouth [text image]
  - wichealth To-Go When to Brush [PDF]
  - wichealth To-Go When to Brush [text image]

- Eating Healthy (formerly Eating Healthy—My 9 Months)
- The Brush Art Eat Grow Live Healthy handbook for pregnancy contains similar information.

4.17.23
| MyPlate Make a Healthy Plate | Multiple other resources are available for clients’ specific concerns:  
  - Pregnancy and Breastfeeding | MyPlate  
  - Healthy Eating for Women Who Are Pregnant or Breastfeeding | MyPlate  
  - Advice About Eating Fish | FDA  
  - The 5 Food Groups and Pregnancy | wichealth To-Go  
  - Food Safety During Pregnancy | wichealth To-Go  
  - Tips for Loving Seafood | wichealth To-Go  
  - Simple and Healthy Seafood Recipes | Seafood Nutrition Partnership  
  - Healthy Eating on a Budget | MyPlate  
  - Several wichealth To-Go materials are available on meal planning on their support website. ([Resources > wichealth To-Go – Planning Simple Meals and Snacks](#))  
  - Body changes and discomforts | Office on Women’s Health | womenshealth.gov |
|-----------------------------|--------------------------------------------------|
| MyPlate Preschool-Start Early with a Healthy Plate | Multiple other resources from MyPlate are available online for staff to refer clients to or print:  
  - MyPlate | U.S. Department of Agriculture  
  - Start Simple with My Plate | MyPlate  
  - Start Simple With MyPlate Today | MyPlate  
  - MyPlate Image | MyPlate  
  - What’s My Plate All About? | MyPlate  
  - The Brush Art Eat Grow Live Healthy series also include similar information.  
  - Toddlers | MyPlate  
  - Preschoolers | MyPlate  
  - Healthy Eating for Toddlers | MyPlate |
- Healthy Eating for Preschoolers | MyPlate
- Build a Healthy Eating Routine for Your Baby (Birth to Age 2) | ODPHP
- Help Your Child Build a Healthy Eating Routine | ODPHP
- Portion Sizes 2 to 5 years | wichealth To-Go

* The Brush Art *Eat Grow Live Healthy* series also include similar information.