

# Maternal Depression Screening

Kansas Medicaid, KanCare, Policy effective 1/1/2021



## Billing Guidance for Part C Programs

### Introduction

Research shows maternal depression not only affects the mother but may pose a significant early risk to proper child development. As such, Kansas Medicaid, KanCare, has adopted a maternal depression screening policy that supports reimbursement:

- For up to 3 screenings during the prenatal period under the mother's Medicaid ID; and
- For up to 5 screenings during the 12-months postpartum period under the child's Medicaid ID.

### Maternal Depression Screening Billing Guidance

Billing Guidance was created for healthcare providers, including pediatric providers, administering maternal depression screenings. The guide includes:

- List of validated screening tools
- Approved provider types, including:
  - 08-183 Clinic-Early Intervention Services
- Approved place of service codes, including:
  - 11- Office
  - 12- Home
- Billing code:
  - 96161: Administration of caregiver-focused health risk assessment instrument for the benefit of the patient (child).
- Documentation Requirements

See the [KMAP Early Childhood Intervention Services Manual](#) for more information.

### Training Opportunities

Optional training will be offered to screeners, including medical providers and their clinical staff, to increase timely detection of maternal depression. The next training is scheduled for:

- Friday, March 26, 2021 from Noon-1:00 CT. [Registration](#) is required.

KDHE's [Perinatal Mental Health Integration Toolkit](#) provides guidance on screening practices, templates for local use, and patient and provider resources.

### Provider Consultation Support

As part of the [Kansas Connecting Communities](#) initiative, a **Provider Consultation Line for Perinatal Behavioral Health** has been established to support providers in addressing the mental health and substance use needs of their pregnant and postpartum clients. Providers can access the [Consultation Line](#), at no cost, for:

- Resources and referral support;
- Practitioner-to-practitioner case consultations; and,
- Any training or technical assistance needs related to perinatal mental health and substance use.

To access the Consultation Line, complete this [form](#) or call 833-765-2004.