

Maternal Depression Screening

Kansas Medicaid, KanCare, Policy effective 1/1/2021



Billing Guidance

Introduction

Research shows maternal depression not only affects the mother but may pose a significant early risk to proper child development. As such, Kansas Medicaid, KanCare, has adopted a maternal depression screening policy to be effective January 1, 2021.

The KanCare Maternal Depression Screening policy supports reimbursement for up to 3 screenings during the prenatal period under the mother's Medicaid ID. The policy also supports reimbursement for up to 5 screenings during the 12-months postpartum period under the child's Medicaid ID. This guide is intended for healthcare providers treating pregnant woman and for pediatric providers who administer maternal depression screenings during the postpartum period.

Validated Screening Tools for Maternal Depression Screenings

Screening Tool	# of Items	Time to Complete	Sensitivity and Specificity	Spanish Version
Edinburgh Postnatal Depression Scale (EPDS)	10	Less than 5 minutes	Sensitivity 59-100% Specificity 49-100%	Yes
Perinatal Grief Intensity Scale (PGIS)	14	5-10 minutes	Sensitivity 97.9% and 29.6% specificity to predict severe depression symptoms and 95.2% sensitivity and 56.2% specificity to predict intense anxiety	Yes
Postpartum Depression Screening Scale (PDSS)	35	5-10 minutes	Sensitivity 91-94% Specificity 72-98%	Yes
Patient Health Questionnaire 9 (PHQ-9)	9	Less than 5 minutes	Sensitivity 75% Specificity 90%	Yes
Beck Depression Inventory (BDI)	21	5-10 minutes	Sensitivity 47.6-82% Specificity 85.9-89%	Yes
Beck Depression Inventory II (BDI-II)	21	5-10 minutes	Sensitivity 56-57% Specificity 97-100%	Yes
Center for Epidemiologic Studies Depression Scale (CES-D)	20	5-10 minutes	Sensitivity 60% Specificity 92%	Yes
Zung Self-Rating Depression Scale (SDS)	20	5-10 minutes	Sensitivity 45-89% Specificity 77-88%	No

Approved Provider Type/Provider Specialty Codes

PT/PS Code	PT/PS Code Description
08-080	Clinic-Federally Qualified Health Clinic (FQHC)
08-081	Clinic-Rural Health Clinic (RHC)
08-083	Clinic-Family Planning Clinic
08-183	Clinic-Early Intervention Services
09-093	Advance Nurse Practitioner-Nurse Practitioner (Other)
09-095	Advance Practice Nurse-Certified Nurse Midwife
10-100	Mid-Level Practitioner-Physician Assistant
11-111	Mental Health Provider-Community Mental Health Center (CMHC)
11-112	Mental Health Provider-Psychologist
11-115	Mental Health Provider-Certified Clinical Social Worker
11-116	Mental Health Provider-Certified Social Worker
11-122	Mental Health Provider-Non-CMCH Affiliate
11-176	Mental Health Provider-Alcohol and Drug Rehabilitation
13-131	Public Health Agency-Public Health or Welfare Agency and Clinic
13-181	Public Health Agency-Maternity
31-316	Physician-Family Practitioner
31-318	Physician-General Practitioner
31-323	Physician-Neonatologist
31-328	Physician-Obstetrician/Gynecologist
31-335	Physician-Maternal Fetal Medicine
31-339	Physician-Psychiatrist
31-345	Physician-General Pediatrician
31-348	Physician-Addiction Medicine
31-349	Physician-Exempt License Physician
31-350	Physician-Preventative Medicine

NOTE: Maternal depression screenings can be administered by non-licensed staff (e.g., home visitors, medical assistants, community health workers) who are supervised by licensed professionals performing the primary service. Any maternal depression screening administered by a non-licensed staff should be reviewed by a licensed professional on the approved provider type list (above) to ensure accuracy of the scoring and any necessary follow up.

Approved Place of Service Codes

Place of Service Code	Place of Service
11	Office
12	Home
17	Walk-In Retail Health Clinic
19	Off Campus-Outpatient Hospital
20	Urgent Care Facility
22	On Campus-Outpatient Hospital
23	Emergency Room -Hospital
25	Birth Center
49	Independent Clinic
50	Federally Qualified Health Center (FQHC)
53	Community Mental Health Center
57	Non-Residential Substance Abuse Treatment Facility
62	Comprehensive Outpatient Rehabilitation Facility
71	State or Local Public Health Clinic
72	Rural Health Clinic (RHC)

NOTE: RHCs and FQHCs shall be reimbursed their respective encounter rates.

NOTE: Maternal depression screenings administered via telehealth are **not** covered under this policy.

Billing Codes

CPT/HCPCS Code	CPT/HCPCS Code Description	Pricing
96160	Administration of patient-focused health risk assessment instrument (e.g., transition readiness assessment) with scoring and documentation, per standardized instrument. This is reimbursable up to 3 times during the prenatal period, or after a perinatal loss, under the mother's Medicaid ID #.	\$21.86
96161	Administration of caregiver-focused health risk assessment instrument (e.g., depression inventory) for the benefit of the patient, with scoring and documentation, per standardized instrument. This is reimbursable up to 5 times after the child is born, up to 12 months of age, under the child's Medicaid ID #. If the child doesn't have an assigned Medicaid ID #, this code can be billed under the mother's Medicaid ID #, up to 45 days after the birth of the child.	\$21.86
Modifier 59	Distinct procedural service modifier to be used to indicate that a procedure or service was distinct or independent from another service performed on the same day.	Reporting only code. Not reimbursable.

NOTE: Prenatal maternal depression screenings (96160) may be billed on the same date as the prenatal risk reduction visit (H1000) and/or the social work assessment (H1002). Postpartum maternal depression screenings (96161) may be billed on the same date as the postpartum risk assessment (T1001) and/or the social work assessment (H1002). Postpartum maternal depression screenings (96161) may be billed on the same date as the child's developmental screening (96110) and/or a social-emotional screening (96127).

NOTE: Effective with dates of service on and after January 1, 2021, when code 96161 is billed in addition to a KanBe Healthy (KBH) screen code, it may be necessary to append modifier 59 to indicate that the service was distinct and independent from other non-evaluation and management services. ([Policy change](#) effective April 2021)

Documentation Requirements

When screening for depression during a prenatal or postpartum visit, the following information must be recorded in the mother's medical record:

- Name of the screening tool
- Score of the tool
- Follow up activities that occurred following a positive screening result

When screening for postpartum depression during a pediatric visit, the following information must be recorded in the child's medical record:

- Name of the screening tool
- Score of the tool
- Follow up activities that occurred following a positive screening result

Training Opportunities

KDHE's [Perinatal Mental Health Integration Toolkit](#) provides guidance on screening practices, templates for local use, and patient and provider resources.

2020 Mom offers a complimentary [Maternal Mental Health 101 Webinar](#) that focuses on the various maternal mental health disorders, risk factors, and treatment options. The course is designed for providers, administrators, and public health employees.

Postpartum Support International offers [several trainings](#), including a Frontline Provider Webinar Training and a 2-Day Perinatal Mood Disorders: Components of Care Training.

The National Council for Behavioral Health offers [Mental Health First Aid Training](#). This is a skills-based training course that teaches participants about mental health and substance use issues.

Provider Consultation Support

As part of the [Kansas Connecting Communities](#) initiative, a **Provider Consultation Line for Perinatal Behavioral Health** has been established to give providers access to Psychiatric Consultations and Care Coordination Support. The Provider Consultation Line is a free resource for Kansas physicians, home visitors, midwives and other providers working with pregnant and postpartum clients. Consultation Line staff have expertise in perinatal mental health and substance use, including psychopharmacology. Complete this [form](#) or call 833-765-2004 to schedule a psychiatric consultation or get answers to questions related to perinatal behavioral health screening and intervention best practices, including referral assistance.

For More Information

Questions related to this KanCare Maternal Depression Screening policy should be directed to Jessica.M.Grubbs@ks.gov. To learn more about maternal depression trainings and future training opportunities, contact KDHE.ChildrenandFamilies@ks.gov.