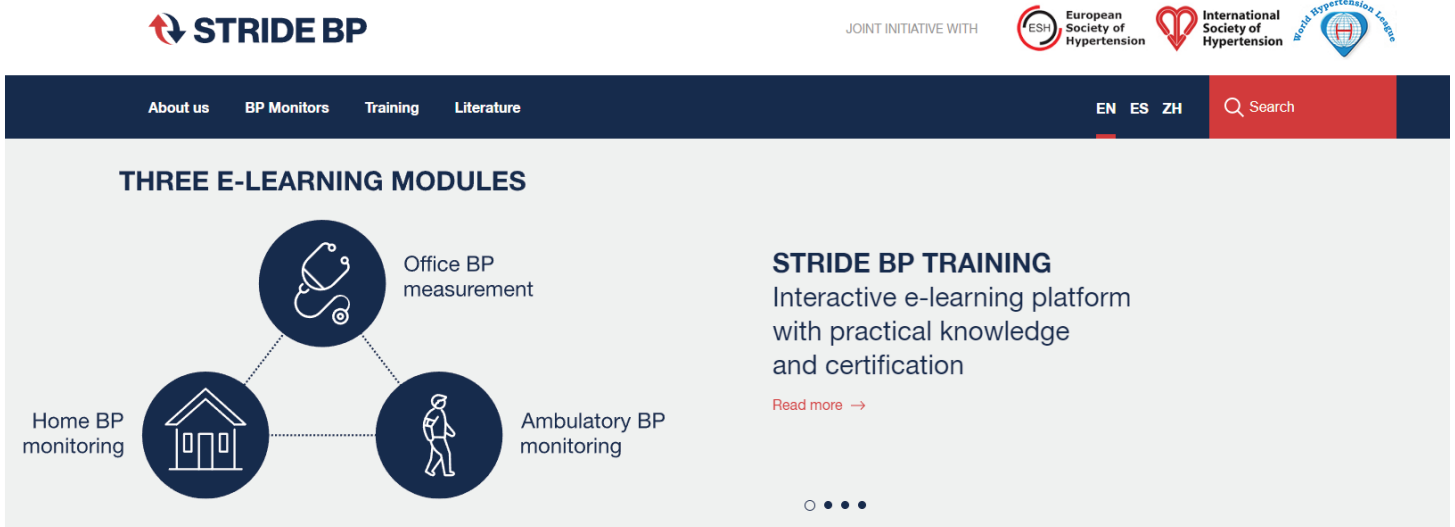


Stride Blood Pressure Instructions

A **validated** blood pressure monitor for use during pregnancy is just as important as having the right cuff size. To find a list of **validated blood pressure monitors** in pregnancy visit stridebp.org.

Stride BP Home Page:



Scroll to the bottom of the home page until you see:



Once "Validated Blood Pressure Monitors" is selected, it will take you to the below page. Select "Pregnancy":

Validated blood pressure monitors



Home

↓ Download



Office/Hospital

↓ Download



Ambulatory

↓ Download



Children

↓ Download



Pregnancy

↓ Download

BP Monitors available for purchase at Walmart:

Omron 3 Series (Model BP7100 HEM-7121-Z2)

Omron 5 Series Wireless (Model BP7250 HEM-7150T-Z)

Omron 7 Series (HEM-7340T-Z) ***only available online***