

You are **STILL AT RISK** **after** your baby is born!

# Postpartum Preeclampsia

## What is it?

Postpartum preeclampsia is a serious disease related to high blood pressure. It can happen to anyone who has just had a baby **up to 6 weeks after the baby is born.**

## Risks to You

- Seizures
- Organ damage
- Stroke
- Death

## Warning Signs



Stomach pain



Severe headaches



Feeling  
nauseous or  
throwing up



Seeing spots  
(or other  
vision changes)



Swelling in your  
hands and face



Shortness  
of breath

## What can you do?

- Ask if you should follow up with your doctor within one week of discharge.
- Keep all follow-up appointments.
- Trust your instincts.
- Watch for warning signs. If you notice any, call your doctor. If you can't reach your doctor, call 911 or go directly to an emergency room and report you have been pregnant.

For more information, go to [www.stillatrisk.org](http://www.stillatrisk.org)

