Ask Your Doctor or Midwife

Preeclampsia

What Is It?
Preeclampsia is a serious disease related to high blood pressure. It can happen to anyone during the second half of pregnancy, or up to 6 weeks after delivery.

Risks to You
- Seizures
- Stroke
- Organ damage
- Death

Risks to Your Baby
- Premature birth
- Low birth weight
- Death

Signs of Preeclampsia
- Stomach pain
- Headaches
- Feeling nauseous; throwing up
- Seeing spots
- Swelling in your hands and face
- Gaining more than 5 pounds (2.3 kg) in a week

What Should You Do?
Call your doctor or midwife right away. Finding preeclampsia early is important for you and your baby.

For more information go to www.preeclampsia.org

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