Fetal Movement Monitoring Integration Plan Overview

Introduction

This Fetal Movement Monitoring Integration Plan and associated toolkit has been created through the work of state and national partners with a shared interest in providing coordinated and comprehensive services to women before, during and after pregnancy. Significant contributions have been made by Healthy Birth Day, Inc. who partnered with the Kansas Department of Health and Environment (KDHE) Bureau of Family Health (BFH) to implement statewide the evidence-based fetal movement monitoring initiative, *Count the Kicks*.

Plan Steps

1. **Agency staff will receive education and training on the importance of fetal movement monitoring and the *Count the Kicks* initiative.** Education will occur during position/job orientation as well as on an ongoing basis, per agency determined intervals, to keep staff current with evidence-based recommendations. Education and certification level may vary based on position description and degree of patient/client interaction and support provided.

2. **Patient/Client education will be provided on the evidence-based fetal movement monitoring initiative, *Count the Kicks*, through consistent, repeat messaging.** All clients will receive fetal movement monitoring education throughout the prenatal and postpartum periods at agency determined intervals and touchpoints. This includes, but is not limited to, the in-patient clinical setting, out-patient clinical setting, prenatal education programs and home visiting services.

3. **Agency will establish policy and procedures that support staff education, universal patient education, screening and referral.**

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