TO: Parent and Sub-Agencies

FROM: Dave Thomason
       Nutrition & WIC Services Director

DATE: September 16, 2022

RE: FFY2023 Local Agency Contracts
    End of FFY2022 – Affidavits and Time Studies
    Cash Value Benefit Increase Effective Oct 1, 2022
    Transitioning Back to Only Contract Standard Formulas
    Transitioning for Special Formulas after the Shortage
    Local Agencies assigned to Danica Pelzel
    Local Agencies assigned to Susie Hollaway
    Zoomin’ with WIC Coordinators 10/12/22, 2:00 PM
    Nutrition Education Surveys for RNs, RDs, and Coordinators
    Seeking Nutrition Education Committee Representatives
    Upcoming Nutrition Education Survey for Clients
    Annual Immunization Webinar for WIC Staff
    Breastfeeding Peer Counselor October Meeting
    Breastfeeding Peer Counselor Quarterly Report
    Gerber® Good Start® GentlePro 32oz Powder packaging is changing.

**FFY2023 Local Agency Contracts**
The FFY2023 Local Agency Contracts were emailed on August 30, 2022. Thank you to those who have already signed and returned the contract. **Contracts are due September 23, 2022.** Once all contracts are submitted, they will be sent for the signature of the Secretary and then a copy will be returned to you. If you have not received the contract or are unable to email a signed copy of the contract, please contact Linda Speirs at KDHE.KSWICFiscal@ks.gov.

**ACTION REQUIRED:** Check email to ensure that you have received the contract. Return signed contract by September 23, 2022.
End of FFY2022 – Affidavits and Time Studies
The 2022 Federal Fiscal Year ends September 30, 2022. Some Local Agencies are behind in submitting affidavits and time studies, which are due on the 20th of the month following the reporting period. September affidavits, outstanding affidavits, 4th quarter and outstanding time studies are due no later than October 20, 2022. Any extensions for affidavits (maximum – two weeks) must be requested by November 5th or they may not be granted. Affidavits submitted after this time may not be paid.

When submitting affidavits and other fiscal documents, please label them with the file name of: Local Agency, month and year, and item being submitted. For quicker processing, email all fiscal documents to KDHE.KSWICFiscal@ks.gov.

ACTION REQUIRED: Remind WIC staff, as well as other Health Department or County staff, who are involved with providing affidavits and other fiscal documents to the WIC Program.

Cash Value Benefit (CVB) Increase effective October 1, 2022
The WIC Cash Value Benefit (CVB) for fruits and vegetables will now be adjusted annually for food inflation. On August 25, 2022, the USDA provided State agencies with the inflation adjusted amounts for FFY 2023.

Food packages in the KWIC system will be modified in KWIC to include the adjusted CVB amounts as shown in the table below. The food packages associated with the new CVB amounts will be made available shortly prior to October 1, 2022.

<table>
<thead>
<tr>
<th>Food Package Designation</th>
<th>Client Category</th>
<th>Current Amount</th>
<th>New amount Effective Oct. 1, 2022</th>
</tr>
</thead>
<tbody>
<tr>
<td>4 a &amp; 4b</td>
<td>Children</td>
<td>$24</td>
<td>$25</td>
</tr>
<tr>
<td>5a</td>
<td>Pregnant Women with a single fetus.</td>
<td>$43</td>
<td>$44</td>
</tr>
<tr>
<td>5b</td>
<td>Mostly Breastfeeding Women</td>
<td>$47</td>
<td>$49</td>
</tr>
<tr>
<td>6</td>
<td>Postpartum Women or Limited Breastfeeding Women</td>
<td>$43</td>
<td>$44</td>
</tr>
<tr>
<td>7a</td>
<td>Exclusively Breastfeeding women or Mostly BF multiple infants or Pregnant with multiple fetuses or Pregnant with linked breastfeeding infant</td>
<td>$47</td>
<td>$49</td>
</tr>
<tr>
<td>7b</td>
<td>Breastfeeding Women with multiple exclusively breastfed infants</td>
<td>Even $70</td>
<td>Even $73 Odd $74</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Odd $71</td>
<td></td>
</tr>
</tbody>
</table>
The CVB increase is a minor administrative adjustment based on food inflation rates. This memo informs all WIC staff of the logistics of the change. No announcement to clients regarding the change will be made. It is perfectly OK to inform clients and make changes as you meet or otherwise interact with them in appointments.

Obviously, the authorization to increase the CVB amount was made well after staff started issuing benefits with a First Use Date of October 1st."

**SA and LA Implementation of the CVB Increase**

First, as a reminder, providing food benefits to WIC clients is a three-step process:

- **Step 1:** The SA modifies/creates the food packages in KWIC. (A changed food package is considered a new food package by KWIC even though by users, the food package is the same except for the new amount and effective date.)
- **Step 2:** The LA assigns the food package to a client based on client category and nutritional assessment.
- **Step 2a:** The LA may tailor the food package according to client preference.
- **Step 3:** Issue the base or tailored food package to the client’s EBT account to allow redemption at WIC authorized retailers.

Also note, all benefits have a “running” First Use Date (FUD) which means benefits issued with a FUD after the first day of any month can be redeemed in the next month.

The new CVB amounts will NOT apply to benefits with a FUD prior to Oct. 1st. For example, benefits with a FUD in September 2022 will not have the increased CVB even if those benefits are redeemed in the month of October 2022.

Clients who have benefits with the current CVB amount (assigned and issued prior to October 1st) will continue with the lower amount until and unless they are assigned and issued the food packages with the increased amounts.

LA Staff do not need to make changes for benefits already issued, unless requested by a client. If requested, LA staff should make the change using “Modify Benefits” in KWIC.

If changes are requested, change only benefits for the next benefit period.

**Question:** Why not change the current food package?

**Answer:** Changing benefits in the current benefit period trigger system programmed proration rules that are based on the date changes are made. Losing unredeemed food is worse than gaining the additional dollar in the CVB.

An additional common scenario, a client has already made a food purchase (fruits and vegetables or otherwise) in the current benefit period. The client requests food package changes. Do NOT use the Modify Benefits – Retailor feature. Instead, instruct the client that you will modify benefits for the next benefit period, e.g. with a FUD of November.

A special note: for tailored food packages already assigned, but not issued with a FUD of October 1 and later, staff will have to tailor again before issuing the food packages with the higher CVB amounts. Remember from KWIC’s perspective on October 1st the “old” food packages no longer exist. **This means that a clerk will not be able to just issue an existing assigned food package.**
If clients hear about the increased CVB and ask why they are not receiving it, respond that implementing the increase in advance of issuing food packages was not possible.

We express our appreciation for all that you will be doing to make the CVB increase available to clients.

If you have any questions regarding these changes, please contact your Local Agency point of contact.

**ACTION REQUIRED:** Notify all staff. Prepare to answer client questions and requests.

---

**Transitioning Back to Only Contract Standard Formulas**

(Notice this item is about standard formula. See separate item about special formulas.) The infant formula shortage is improving. Before long we will be required to have clients using standard formula go back to using our rebate contract brands and sizes. As a reminder, here is the policy. [https://www.kdhe.ks.gov/DocumentCenter/View/10920/Infant-Food-Packages-Primary-Contract-Infant-Formula-PDF](https://www.kdhe.ks.gov/DocumentCenter/View/10920/Infant-Food-Packages-Primary-Contract-Infant-Formula-PDF)

The current primary contract infant formulas are:

- Similac Advance
- Similac Sensitive
- Similac for Spit-Up
- Similac Total Comfort
- Similac Soy Isomil

We do not have a definite date when we must go back to following our rebate contract requirements for brand and size. We’ve encouraged that staff be talking to clients that these substitutions are temporary. **Now it is time to actively encourage clients to transition to the formula that is actually listed on their WIC benefits if that formula is in stores instead of continuing with the substitutes.** We will contact Local Agencies as soon as we know a definite timeline, but it better for clients to be encouraged to change sooner versus later. It helps if you let us know if clients report that particular Similac versions are still not available.

Attached are English and Spanish handouts for clients that you can use when transitioning from powder to powder or liquid concentrate to liquid concentrate.

**ACTION REQUIRED:** Start to actively encourage clients to transition to the formula that is actually listed on their WIC benefits (brand and size) if that formula is in stores instead of continuing with the substitutes.

---

**Transitioning for Special Formulas after the Shortage**

The formula shortage for many special formulas is improving. Unlike the standard formulas, we plan to continue with the new special formulas that have been approved such
as the Parent’s Choice, Tippy Toes, etc. There are a few special formulas that are allowed as substitutions, for example under Alimentum. We will be separating those out to be issued individually so there will be a few clients that will need to have their food package changed to the specific product if they do not want Alimentum. We are updating the Appendix 1 Formula Manufacturers and Products and the special formula policies.

However, the larger sizes will be no longer allowed when there is a good stock of the “normal” size. We do not know when that will occur. Why discontinue the large sizes? USDA has specific requirements about the “full nutritional benefit” and the maximum amount of formula allowed. The formula yield in the big containers make it hard to provide formula within the range of what is allowed. During the shortage, there has been some flexibility in those amounts so we were able to provide the larger containers.

Also, as product supply is returning to a healthy level, please remember that issuing to the eWIC card and having the store pharmacy order special formulas for clients is the preferred method over doing a direct ship to the clinic. When a client needs a special formula that is possible to issue in KWIC (such as a hypoallergenic formula or free amino acid formula), help the client see if the local store pharmacy can obtain that product for them and THEN reach out to see if a direct ship is possible if the store replies that they are unable to order. Metabolic and highly specialized formulas continue to be ordered as a direct ship even as supply issues improve.

**ACTION REQUIRED:** Watch for more information. We do not know exactly when these changes will occur. Staff are encouraged to:
- Inform clients that when the shortages ease, the large sizes will not be allowed.
- Start to check if store pharmacies can order special formulas listed in KWIC before using the direct ship process.

**Local Agencies assigned to Danica Pelzel**
The August I-Memo included information about our new state dietitian, Danica Pelzel. Danica fills the nutritionist/nutrition education specialist position vacated when Julie Norman retired. Danica is with Amanda Owsley as a Management Evaluation team. She is the lead State Staff member for agencies listed under her name in the table. She will also start answering nutrition and breastfeeding questions for the agencies listed under Amanda in the table. Her contact information is danica.pelzel@ks.gov and 785-296-0094.

**ACTION REQUIRED:** Inform appropriate WIC staff.
**Local Agencies assigned to Susie Hollaway**
The August I-Memo included information about our new vendor manager, Susie Hollaway. Susie has taken over the Local Agencies that were assigned to Lisa Long prior to Lisa’s retirement last month. Susie will now start to answer administrative questions for any of the Local Agencies under the purple LA Team. Her contact information is susan.hollaway@ks.gov and 785-296-0093.

While this Management Evaluation Team nutritionist position is vacant, all the agencies may contact Patrice Thomsen with Nutrition questions. Patrice will also act as lead assigned State Agency staff member for those agencies listed under Vacant in the table. Patrice.thomsen@ks.gov or 785-1189

**ACTION REQUIRED:** Inform appropriate WIC staff.

---

**Zoomin’ with WIC Coordinators**
**Wednesday, October 12, 2022 2-3pm**
WIC Coordinators are invited to join this Zoom meeting as a way to have a conversation with your peers about how you operate WIC. After brief updates from the Kansas State Agency, the floor will be open to talk amongst yourselves about whatever you would like to. Want to know what others are doing? This is the place to ask! You can join using computer audio and webcams, but if you don’t have the technology, you can simply join by phone. To limit the number of people, only WIC Coordinators are invited to join.

**ACTION REQUIRED:** These meetings will not be recorded. WIC Coordinators, if you would like to join, please use the link below when it’s time to join. You will be required to enter the passcode, an additional email will be sent to WIC Coordinators if Zoom updates the passcode:

Join Zoom Meeting
https://us02web.zoom.us/j/82352138168

Meeting ID: 823 5213 8168
Passcode: UXD4YZ
One tap mobile
+13462487799,,82352138168# US (Houston)

To call in with audio only: Dial the following number
+1 312 626 6799 US
Meeting ID: 823 5213 8168
Passcode: 353873
**Nutrition Education Surveys for RNs, RDs, and Coordinators**

This is a repeat of a mass email sent on 9/2/22. At the state agency, we’re exploring ideas for modernizing nutrition education delivery and materials, and we NEED local agency input to assist in focusing our efforts. We are asking for RNs, RDs, and coordinators to complete surveys linked below by **Friday, September 23rd**. The surveys can be saved and finished later if using the same device and web browser. To save a page, click “next” at the bottom of the page you’d like to save.

If you hold more than one of these positions for your agency, please complete BOTH surveys.

[Click here to take the RN/RD survey.](#) (15 min)

[Click here to take the WIC coordinator survey.](#) (2 min)

Please email your state nutrition education specialist at Danica.Pelzel@ks.gov with any questions.

**ACTION REQUIRED:**
Take the appropriate survey(s) if you are a RN, RD, or coordinator. Share the survey with RNs, RDs, and coordinators who may not be signed up for I & P memos.

**Seeking Nutrition Education Committee Representatives**

The state agency is seeking 4–8 registered dietitians or registered nurses to serve as representatives for the Nutrition Education Committee (NEC). Representatives will advise the state agency in the development/revision of printed materials, audiovisuals, and nutrition education support materials. The committee will have quarterly meetings—one in-person (if feasible for representatives) and three video calls per year. Refer to policy NED 07.00.00 or email the state nutrition education specialist at Danica.Pelzel@ks.gov for additional information.

Spanish-speaking staff and/or those familiar with Latino foods and culture are encouraged to join.

**ACTION REQUIRED:** If you’re a RD or RN who is interested in serving on the committee, email a short paragraph on why you’re interested in joining to Danica.Pelzel@ks.gov.

**Upcoming Nutrition Education Survey for Clients**

A nutrition education survey directed toward clients will be shared through a banner link in the WIC Shopper app later this month. A mass email with additional information and a promotional flyer will be sent to WIC staff when the survey is available.

**ACTION REQUIRED:** Watch for an email with more information. Encourage clients to take the survey once it is available.
**Annual Immunization Webinar for WIC Staff**
WIC State and local agencies are invited to a one-hour Immunization Webinar for WIC staff on **Friday, September 30, 2022 from 11:30-12:30 CT.**

The WIC Program is coordinating the annual immunization webinar for WIC local agencies’ staff. Vaccinate Your Family (VYF) and CDC’s Georgina Peacock, MD, MPH, will be presenting updates about vaccines and the importance of educating WIC participants about keeping up to date on their children’s routine vaccines and providing referrals for immunizations.

To attend the 2022 webinar, you MUST first register online via Zoom by clicking the registration link: **REGISTER HERE**


The webinar will be recorded and will be available after September 30 in the Resources section of the Vaccinate Your Family website and on VYF’s YouTube Channel.

**ACTIONS REQUIRED:** Notify staff. Attend as appropriate.

---

**Breastfeeding Peer Counselor October Meeting**
The next BFPC and BFPC Supervisor meeting will be on **Wednesday, October 5, 2022 1-2pm.** This meeting will be on Zoom.

**ACTIONS REQUIRED:** All BFPCs and BFPC Supervisors, please save the date for the meeting. A meeting link will be emailed out a week prior. Contact Casey Florea at cassandra.florea@ks.gov with any questions.

---

**Breastfeeding Peer Counselor Quarterly Report**
The BFPC Quarterly Report 4 is due October 20, 2022. This report will cover BFPC contacts from July-September 2022.

**ACTIONS REQUIRED:** Submit the Quarterly Report to Casey Florea at cassandra.florea@ks.gov. Please forward to appropriate staff.
**Gerber® Good Start® GentlePro 32oz Powder packaging is changing.**

**Gerber® Good Start® GentlePro 32oz Powder** packaging is changing. Timing is October 2022 with a flow-through at retail stores - where there is possibility of seeing both lid options on retail shelves. This alternate lid is expected to be available at retail through December 2022. **There are no changes to the net weight, reconstituted ounces, cost, or unit UPC. Therefore, clients will be able to get either packaging type (up until Kansas stops allowing this substitution for Similac Advance.)**

This 32oz is not a typical WIC size, but during the shortage, Kansas has allowed it as a substitute for Similac Advance powder. As stated in a different item in this I-Memo, we will be stopping the substitutions in the near future and staff should be encouraging clients to go back to getting the Similac Advance. But because we’re not sure of the exact timeframe, we are providing this information to Local Agency staff. LA staff can decide if and how to notify clients, but as always, we highly discourage formula posters, etc.

**ACTION REQUIRED:** Consider if and how to notify clients.

If you have any questions regarding this memo, please contact the state staff member assigned to your agency.

**Items included below and/or provided as separate documents:**

- Changing to a new formula-powder, English
- Changing to a new formula-powder, Spanish
- Changing to a new formula-liquid concentrate, English
- Changing to a new formula-liquid concentrate, Spanish
Changing to a New Formula
Powder

Most babies will change to a new formula without any problems.

**Tips**
- It is best to feed your baby when he or she is hungry.
- Be patient and give your baby time to adjust. If you have questions, talk to your WIC staff or your health care provider.

**Did you know?**
- Your baby’s stool (poop) may look and smell different when you change formulas. This is normal.
- Your baby may burp or spit up a little more at first.
- Powdered formula blends better when you use a bigger bottle.
  - Prepare 4 ounces of formula in a 6-ounce bottle.
  - Prepare 6 ounces of formula in an 8-ounce bottle.
- Every formula tastes a little different. If your baby tried the new formula and did not like it, try changing formulas little by little, by using the directions below.

**Directions for Helping Your Baby Change to the New Formula:**
- You will need the new brand of formula and the old brand of formula.
- Mix powders of different formulas together before mixing with water.

<table>
<thead>
<tr>
<th><strong>4-Ounce bottle</strong></th>
<th><strong>6 Ounce Bottle</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Day 1</strong></td>
<td><strong>Day 1</strong></td>
</tr>
<tr>
<td>Mix:</td>
<td>Mix:</td>
</tr>
<tr>
<td>1 scoop old brand of formula</td>
<td>2 scoops old brand of formula</td>
</tr>
<tr>
<td>1 scoop new brand of formula</td>
<td>1 scoop new brand of formula</td>
</tr>
<tr>
<td>4 ounces water</td>
<td>6 ounces water</td>
</tr>
<tr>
<td><strong>Day 2</strong></td>
<td><strong>Day 2</strong></td>
</tr>
<tr>
<td>Repeat Day 1</td>
<td>Mix:</td>
</tr>
<tr>
<td></td>
<td>1 scoop old brand of formula</td>
</tr>
<tr>
<td></td>
<td>2 scoops new brand of formula</td>
</tr>
<tr>
<td></td>
<td>6 ounces water</td>
</tr>
<tr>
<td><strong>Day 3</strong></td>
<td><strong>Day 3</strong></td>
</tr>
<tr>
<td>Mix:</td>
<td>Mix:</td>
</tr>
<tr>
<td>2 scoops new brand of formula</td>
<td>3 scoops new brand of formula</td>
</tr>
<tr>
<td>4 ounces water</td>
<td>6 ounces water</td>
</tr>
</tbody>
</table>
Cómo cambiar la fórmula de su bebé
En Polvo

La mayoría de los bebés se adaptan a una nueva fórmula sin ningún problema.

Consejos:
- Es mejor alimentar a su bebé cuando tenga hambre.
- Sea paciente y déle a su bebé tiempo para adaptarse. Si tiene preguntas, hable con el personal de WIC o con su medicó.

¿Sabía usted?
- Las heces (popó) de su bebé pueden tener un aspecto o un olor diferente cuando cambia de fórmula. Eso es normal.
- Su bebé eructar o volver la fórmula un poco más al principio.
- La fórmula en polvo se mezcla mejor cuando usa un biberón más grande.
  - Prepare 4 onzas de la fórmula en un biberón de 6 onzas.
  - Prepare 6 onzas de la fórmula en un biberón de 8 onzas.
- Cada fórmula sabe un poco diferente. Si su bebé probó la fórmula nueva y no le gustó, intente cambiar la fórmula poco a poco.

Instrucciones para ayudar a su bebé a cambiar a la nueva fórmula:
- Necesitará la fórmula nueva y la fórmula anterior.
- Mezcle el polvo de las diferentes fórmulas antes de agregar el agua.

<table>
<thead>
<tr>
<th>Para un biberón de 4 onzas</th>
<th>Para un biberón de 6 onzas</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Día 1</strong></td>
<td><strong>Día 1</strong></td>
</tr>
<tr>
<td>Mezcle:</td>
<td>Mezcle:</td>
</tr>
<tr>
<td>1 medida de la fórmula anterior</td>
<td>2 medidas de la fórmula anterior</td>
</tr>
<tr>
<td>1 medida de la fórmula nueva</td>
<td>1 medida de la fórmula nueva</td>
</tr>
<tr>
<td>4 onzas de agua</td>
<td>6 onzas de agua</td>
</tr>
<tr>
<td><strong>Día 2</strong></td>
<td><strong>Día 2</strong></td>
</tr>
<tr>
<td>Repita el Día 1</td>
<td>Mezcle:</td>
</tr>
<tr>
<td></td>
<td>1 medida de la fórmula anterior</td>
</tr>
<tr>
<td></td>
<td>2 medidas de la fórmula nueva</td>
</tr>
<tr>
<td></td>
<td>6 onzas de agua</td>
</tr>
<tr>
<td><strong>Día 3</strong></td>
<td><strong>Día 3</strong></td>
</tr>
<tr>
<td>Mezcle:</td>
<td>Mezcle:</td>
</tr>
<tr>
<td>2 medidas de la fórmula nueva</td>
<td>3 medidas de la fórmula nueva</td>
</tr>
<tr>
<td>4 onzas de agua</td>
<td>6 onzas de agua</td>
</tr>
</tbody>
</table>
Changing to a New Formula
Liquid Concentrate

Most babies will change to a new formula without any problems.

**Tips**
- It is best to feed your baby when he or she is hungry.
- Be patient and give your baby time to adjust. If you have questions, talk to your WIC staff or your health care provider.

**Did you know?**
- Your baby’s stool (poop) may look and smell different when you change formulas. This is normal.
- Your baby may burp or spit up a little more at first.
- Every formula tastes a little different. If your baby tried the new formula and did not like it, try changing formulas little by little, by using the directions below.

**Directions for Helping Your Baby Change to the New Formula:**

**Step 1:** Mix 13-ounce can of the new brand formula + 13-ounce can water = 26 ounces new.

**Step 2:** Mix 13-ounce can of old brand formula + 13-ounce can water = 26 ounces old. Note: This makes enough formula (52 ounces) for about 2 days.

**Step 3:** Follow the directions below to make a 4 or 6 ounce bottle.

<table>
<thead>
<tr>
<th>4-Ounce bottle</th>
<th>6-Ounce Bottle</th>
</tr>
</thead>
<tbody>
<tr>
<td>Day 1</td>
<td>Day 1</td>
</tr>
<tr>
<td>Mix 3 ounces old brand of formula</td>
<td>Mix 4 ounces old brand of formula</td>
</tr>
<tr>
<td>1 ounce new brand of formula</td>
<td>2 ounces new brand of formula</td>
</tr>
<tr>
<td>Day 2</td>
<td>Day 2</td>
</tr>
<tr>
<td>Mix 2 ounces old brand of formula</td>
<td>Mix 3 ounces old brand of formula</td>
</tr>
<tr>
<td>2 ounces new brand of formula</td>
<td>3 ounces new brand of formula</td>
</tr>
<tr>
<td>Day 3</td>
<td>Day 3</td>
</tr>
<tr>
<td>Mix 1 ounce old brand of formula</td>
<td>Mix 2 ounces old brand of formula</td>
</tr>
<tr>
<td>3 ounces new brand of formula</td>
<td>4 ounces new brand of formula</td>
</tr>
<tr>
<td>Day 4</td>
<td>Day 4</td>
</tr>
<tr>
<td>Use 4 ounces new brand of formula</td>
<td>Use 6 ounces new brand of formula</td>
</tr>
</tbody>
</table>
Cómo cambiar la fórmula de su bebé
Líquido Concentrado

La mayoría de los bebés se adaptan a una nueva fórmula sin ningún problema.

Consejos:
- Es mejor alimentar a su bebé cuando tenga hambre.
- Sea paciente y déle a su bebé tiempo para adaptarse. Si tiene preguntas, hable con el personal de WIC o con su medicó.

¿Sabía usted?
- Las heces (popó) de su bebé pueden tener un aspecto o un olor diferente cuando cambia de fórmula. Eso es normal.
- Su bebé eructar o volver la fórmula un poco más al principio.
- Cada fórmula sabe un poco diferente. Si su bebé probó la fórmula nueva y no le gusto, intente cambiar la fórmula poco a poco.

Instrucciones para ayudar a su bebé a cambiar a la nueva fórmula:
**Paso 1:** Mezcle 13 onzas de la fórmula nueva + 12 onzas de agua = 26 onzas de la nueva.
**Paso 2:** Mezcle 13 onzas de la fórmula anterior + 12 onzas de agua = 26 onzas de la anterior. Nota: Esto es suficiente fórmula (52 onzas) como para 2 días.
**Paso 3:** Siga las siguientes instrucciones para preparar un biberón de 4 o 6 onzas.

<table>
<thead>
<tr>
<th>Día 1</th>
<th>Mezcle:</th>
<th>Día 1</th>
<th>Mezcle:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3 onzas de la fórmula anterior</td>
<td></td>
<td>4 onzas de la fórmula anterior</td>
</tr>
<tr>
<td></td>
<td>1 onza de la fórmula nueva</td>
<td></td>
<td>2 onzas de la fórmula nueva</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Día 2</th>
<th>Mezcle:</th>
<th>Día 2</th>
<th>Mezcle:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2 onzas de la fórmula anterior</td>
<td></td>
<td>3 onzas de la fórmula anterior</td>
</tr>
<tr>
<td></td>
<td>2 onza de la fórmula nueva</td>
<td></td>
<td>3 onzas de la fórmula nueva</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Día 3</th>
<th>Mezcle:</th>
<th>Día 3</th>
<th>Mezcle:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1 onzas de la fórmula anterior</td>
<td></td>
<td>2 onzas de la fórmula anterior</td>
</tr>
<tr>
<td></td>
<td>3 onza de la fórmula nueva</td>
<td></td>
<td>4 onzas de la fórmula nueva</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Día 4</th>
<th>Use:</th>
<th>Día 4</th>
<th>Use:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4 onza de la fórmula nueva</td>
<td></td>
<td>6 onzas de la fórmula nueva</td>
</tr>
</tbody>
</table>