

## Raise your Hands for Children's Mental Health

## Success Story

This is a Success Story that involves a child receiving behavioral health services with a Licensed Clinical Social Worker through funding from the Kansas Statewide Farmworker Health Program. Below is a letter from the teacher to the Social Worker. This student is learning as are his teachers. Everyone is benefitting!

*"I am so happy I have had the chance to watch the Licensed Clinical Social Worker and this student and learn what strategies you have been using with him. This has been so helpful for me in understanding him better. I have used your strategies with him and find them to be so useful. He broke into tears suddenly last week when it was time for his earned "reward" time. He immediately started to appear angry and looked like he was going to shut down. I used your "breathe out the bad feelings" and he was able to calm himself and tell me why he was upset. He did not understand something I had said. Before watching and visiting with you, I do not think I would have been able to "bring him back" after he became upset. I do feel he is a success story. I have found that visiting with teachers and explaining why this time spent is so important and then finding a way to plan for the time out of the room. This has been so worth it. One of my paras just this morning was noting how he is now so much more animated and initiates conversation. She said, "He never would have done that before." I do think this is worth the trouble!!"*

