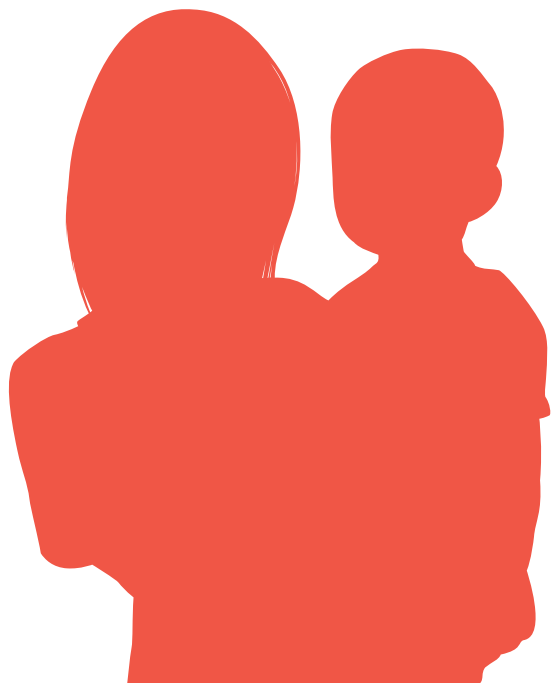


— Preventing Youth Suicide —

DO YOU KNOW WHAT TO DO?



If I am a parent, I can...

- **Be willing to listen** without judgment.
- **Be the one to help my child** seek mental and physical health care when needed.
- **Download the Columbia Suicide Severity Rating Scale** parent screener tool to know which questions to ask: cssrs.columbia.edu/wp-content/uploads/Community-Card-Parents-2018c.pdf.
- **Store my firearms and prescription/over the counter medications safely at home** to reduce the likelihood they will be used in a suicide crisis.
- **Take the National Alliance on Mental Illness (NAMI) Basics**, Family to Family, or Ending the Silence for Families training: namikansas.org/programs/family.

Help and resources are available!

Organization	Contact Information
Suicide & Crisis Lifeline	988 988lifeline.org
Substance Abuse and Mental Health Services Administration (SAMHSA)	samhsa.gov/find-help/suicide-prevention
Suicide Prevention Resource Center	sprc.org
Kansas Suicide Prevention Resource Center	ksphq.org/resourcecenter
National Alliance on Mental Illness - Kansas	namikansas.org
Kansas School Safety Hotline	1-877-626-8203 ksde.org/Agency/Fiscal-and-Administrative-Services/School-Finance/School-Bus-Safety/School-Safety-Hotline
Kansas Department for Aging and Disability Services (KDADS)	State Suicide Prevention Coordinator 785-296-4528 kdads.ks.gov/commissions/behavioral-health <small>*Contact for resource and capacity-building assistance; if you or someone you know is struggling with suicidal thoughts, call or text the Suicide & Crisis Lifeline at 988.</small>
Kansas Attorney General	Kansas Youth Suicide Prevention Coordinator 785-368-8465 Suicide Prevention App - Kansas - A Friend AsKS ag.ks.gov/victim-services/youth-suicide-prevention
Kansas Prevention Collaborative	kansaspreventioncollaborative.org <small>*Includes Kansas data for the 7 behavioral health indicators</small>
Your Local Community Mental Health Center (CMHC)	kdads.ks.gov/kdads-commissions/behavioral-health/community-mental-health-centers
Kansas Department for Children and Families	Family Crisis Response Helpline 1-833-441-2240 https://bit.ly/3e6llTh
Kansas Department of Health and Environment	Whole Healthy You kdhe.ks.gov/671

