

NATIONAL DIABETES PREVENTION PROGRAM IN KANSAS

Updated 2022

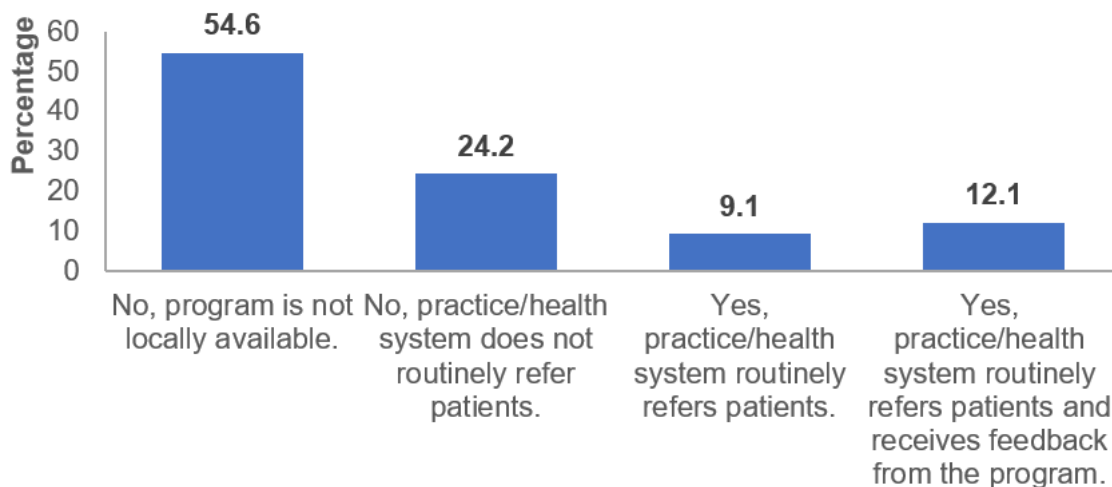
The National Diabetes Prevention Program (National DPP) is a year-long structured program delivered in two distinct phases: 16 weekly one-hour sessions in the first six months followed by a second six-month phase where participants meet at least once per month for the rest of the program. A lifestyle coach leads the program trained on the CDC-approved curriculum.

The National DPP can help people with prediabetes or those at risk for type 2 diabetes make achievable and realistic lifestyle changes and cut their risk of developing diabetes by 58% overall, with those over 60 years of age reducing risk by 71%.¹

There are 21 organizations offering the National DPP in Kansas.

Routinely Refer to National Diabetes Prevention Program (National DPP)

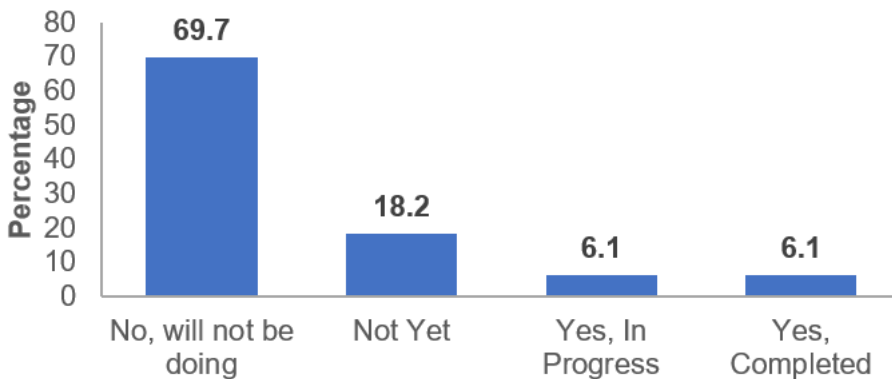
Percentage of Clinics that Routinely Refer to National Diabetes Prevention Program in Year 3



Nearly one in 10 clinics routinely refers patients to National Diabetes Prevention Program (National DPP). An additional one in eight clinics routinely refers patients to National DPP receives feedback from the program. However, more than one in two clinics does not have a National DPP available locally.

Pursued CDC Recognition for the National Diabetes Prevention Program (National DPP)

Pursued CDC Recognition for National Diabetes Prevention Program



Just over 6% completed CDC recognition for a National Diabetes Prevention Program (National DPP). An additional 6.1% are in progress. However, more than two-thirds (69.7%) will not be pursuing CDC recognition.

More about Community Clinical Linkages

The Community Clinical Linkages (CCL) Section within the Bureau of Health Promotion was awarded the 1815-*Improving the Health of Americans Through Prevention and Management of Diabetes and Heart Disease and Stroke* Cooperative Agreement in 2018. The purpose of this Agreement in our state is to improve the health of Kansans through the prevention and management of diabetes, heart disease, and stroke. The goal of CCL is to facilitate the connection between community and clinical settings to improve health outcomes.

kdhe.ks.gov/838



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Sources: ¹ Centers for Disease Control and Prevention. Diabetes Basics. About Diabetes. <https://www.cdc.gov/diabetes/basics/diabetes.html>.

² 1815 Program Data. Community Clinical Linkages, Bureau of Health Promotion, Kansas Department of Health and Environment.