

## Heshiiska Beeraleyda La Oggolaaday ee 2022

### The Senior Farmers Market Nutrition Program (SFMNP) shaqadiisu waa inuu:

- Ka qeybqaatayaasha waayeelka ah ee dakhligoodu hooseeyo siiyo miro, khudaar, mindaawaad iyo malab daray ah, nafaqo leh, aan la diyaarin, lagu beeray gudaha gobolka lagana keenay suuqyada beeraleyda, iyo meheradaha dadka dakhligooda hooseeyo ee ku ganacsadaan wadooyinka dhinacyadooda;
- Kordhiyo adeegsiga wax soosaarka beeraha dalka, iyo;
- Taageero kuwa horey u jiray isla markaana horumariyo ama kaalmeeyo abuurida suuqyo beeraley ama meherado wadooyinka dhinacyadooda ku yaala oo cusub ama dheeraad ah.

### Beeraleyda doonaya inay oggolaansho ka helaan SFMNP waa inay buuxiyaan shuruudaha soo socda:

- Waa inay wax ku iibiyaan suuqyada beeraleyda, meherada wadooyinka dhinacyadooda ama meheradaha beeraha ee ku yaala mid ama wax ka badan oo ka mid ah goboladan soo socda.

<b>Senior Farmers Market Nutrition Program (SFMNP)</b>
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Allen, Anderson, Atchison, Barton, Bourbon, Brown, Butler, Clay, Cloud, Chase, Cherokee, Cheyenne, Coffey, Cowley Crawford, Decatur, Dickinson, Doniphan, Douglas, Ellis, Ellsworth, Finney, Franklin, Geary, Harvey, Hodgeman, Jackson, Jefferson, Jewell, Johnson, Labette, Leavenworth, Linn, Lincoln, Lyon, Marion, Marshall, McPherson, Miami, Mitchell, Morris, Nemaha, Neosho, Norton, Osage, Ottawa, Pawnee, Pottawatomie, Prairie Band Potawatomie Nation, Rawlins, Reno, Republic, Rice, Riley, Saline, Sedgwick, Shawnee, Sheridan, Sherman, Stafford, Sumner, Thomas, Wabaunsee, Washington, Wilson, Wyandotte
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- Waa inay iibiyaan cuntooyinka la oggol yahay sida miraha darayga ah, khudradda, mindaawaadka dhawaan la soo jaray, iyo malabka maxalliga ah ee laga soo saaray Kansas ama degmo si toos ah xuduud ula leh Kansas sida Missouri, Oklahoma, Colorado, ama Nebraska.
- Waa inaysan si gaar ah u iibin wax soosaarka qof kale xitaa haddii wax soosaarkaasi uu yahay mid maxalli ah.
- Waa inay si shakhsi ah (aqoon isweydaarsiyada gobolada) ama qaab onlayn ah (webinar) uga qaybgalaan tababarada casriga ah ee ay qabato Kansas Department of Health and Environment (KDHE). Eeg [kdheks.gov/SFMNP](https://kdheks.gov/SFMNP) si aad u oggaato taariikhaha iyo goobaha tababarka ee la qorsheeyay. Taariikhaha tababaro dheeraad ah ayaa lagu dari karaa liiska, si aad u codsato tobarar qabsoomaya taariikh kale la xiriiir [Sarah.Sumner@ks.gov](mailto:Sarah.Sumner@ks.gov) ama [Courtney.Koenig@ks.gov](mailto:Courtney.Koenig@ks.gov).



Haddii aad buuxisay dhammaan shuruudaha kor ku xusan, fadlan si dhammeystiran u buuxi heshiiskan **ADIGOO JAWAABAHA KU OORAYA AF-INGIRIISI.**

***Fadlan si dhammeystiran u buuxi boggan ADIGOO JAWAABAHA KU QORAYA A- INGIRIISI.***

**Macluumaadka Xiriirka:**

Magaca Beeralaha: \_\_\_\_\_

Magaca Ganacsiga: \_\_\_\_\_

Cinwaanka Boostada: \_\_\_\_\_

Magaalada: \_\_\_\_\_ Gobolka: \_\_\_\_\_ Baaqa Cinwaanka: \_\_\_\_\_ Degmada: \_\_\_\_\_

Iimeylka: \_\_\_\_\_

Telefoonka: \_\_\_\_\_

**Macluumaadka Guud**

Miyaad ka qeybgashay tababarka casriga ah ee ay KDHE qabatay 2022?

Kani waxaa ku jira tababar kasta oo lagu bixiyay Aqoon Haa ama Maya  
isweydaarsiyada Gobolada ama siminaarada isdhexgalka leh ee tooska (goobo gali mid)  
ah (sheexooyinka dib-u-eegista kamid ma ahan).

Miyaad akhrisay sheexooyinka iyo/ama dhageysatay siminaarka Haa ama Maya  
onlaynka ah ee la duubay? (goobo geli mid)

Kani ma sannadkii kuugu horeeyay ee aad ka qeybqaadatid SFMNP Haa ama Maya  
baa? (goobo gali mid)

Haddii aad tahay Beeraale tobabaro hore ka qeybqaatay, waa maxay  
Lambarkaaga Aqoonsiga SFMNP? \_\_\_\_\_

Ma haysataa ugu yaraan hal calaamad oo ay KDHE ku siisay? Haa ama Maya  
(goobo gali mid)

Immisa calaamadood oo SFMNP ayaad u baahan tahay? \_\_\_\_\_

Maxay yihiin waxyaabaha ay oggoshahay SFMNP ee aad iibin doonto?  
\_\_\_\_\_

***Fadlan si dhammeystiran u buuxi boggan ADIGOO JAWAABAHA KU QORAYA AF-INGIRIISI.***

**Macluumaadka Suuqa Beeraleyda**

Qor liistada dhammaan suuqyada beeraleyda iyo/ama meheradaha wadooyinka dhinacyadooda ee aad wax ku iibin doonto 2022. **Bixinta macluumaadkani wuxuu naga caawinayaa inaan u tilmaano dadka waayeelka ah meelaha ay ku isticmaali karaan jeegagooda SFMNP.** Waxaa jiray in ka badan 110 suuq/meheradaha beeraha/meheradaha wadooyinka dhinacyadooda oo la qoray sannadkii la soo dhaafay. Fadlan si fiican u cayim maalmaha, taariikhaha, iyo waqtiyada ay shaqeynayaan suuqyadaadu si aan u siino ka qeybqaatayaashayada waayeelka ah macluumaad sax ah.

**Suuqa Beeraleyda 1**

Magaca \_\_\_\_\_  
Cinwaanka \_\_\_\_\_  
Magaalada \_\_\_\_\_  
Degmada \_\_\_\_\_  
Baaqa Cinwaanka: \_\_\_\_\_  
Maalmaha/Taariikhaha/Waqtiyada Shaqada \_\_\_\_\_

**Suuqa Beeraleyda 2**

Magaca \_\_\_\_\_  
Cinwaanka \_\_\_\_\_  
Magaalada \_\_\_\_\_  
Degmada \_\_\_\_\_  
Baaqa Cinwaanka: \_\_\_\_\_  
Maalmaha/Taariikhaha/Waqtiyada Shaqada \_\_\_\_\_

**Suuqa Beeraleyda 3**

Magaca \_\_\_\_\_  
Cinwaanka \_\_\_\_\_  
Magaalada \_\_\_\_\_  
Degmada \_\_\_\_\_  
Baaqa Cinwaanka: \_\_\_\_\_  
Maalmaha/Taariikhaha/Waqtiyada Shaqada \_\_\_\_\_

**Haddii aad jeclaan lahayd in meherada beerta guriga lagu daro diiwaankayaga WAA IN la buuxiyaa qeybtan!**

**Meherada Beerta Guriga**

Cinwaanka \_\_\_\_\_  
Magaalada \_\_\_\_\_  
Degmada \_\_\_\_\_  
Baaqa Cinwaanka: \_\_\_\_\_  
Tilmaamo Gaar ah \_\_\_\_\_

Tilmaamaha Gaarka ah waxaa ka mid ah waxyaabaha ay ka mid yihiin lambarada telefoonka, bilaha shaqada ama tilmaamaha la raacayo si lagu soo waco dalabka kahor inta aan lagu iman.

(fadlan ku dar xaashi dheeraad ah si aad ugu qorto suuqyada kale ee beeraleyda)



## Muddada heshiiska: Janaayo 1 – Nofeembar 30, 2022

### MARKUU SAXIIXO HESHIISKAN, BEERAALUHU WUXUU OGGOLAADAY:

1. Inuu u hoggaansamo Xeerarka iyo Habraacyada Federaalka ee KSFMNP.
2. Inuu qiro inuu qaatay tababar isdhexgal leh.
3. Inuu kaliya cuntooyinka la oggolyahay ku beddesho jeegagga KSFMNP.
4. Inuu muujiyo calaamada SFMNP markuu wax ku iibinayo Suuqa Beeraleyda ama meherada wadooyinka dhinacyadoda.
5. Inuu ka qeybqaatayaasha kaga iibiyo cuntooyinka la oggolyahay qiimo la mid ah ama ka hooseeya qiimaha laga qaado macaamiisha kale oo waa inuu u muujiyo ka qaybqaatayasha qadarin la mid ah tan uu u muujiyo macaamiisha kale.
6. Inuu u hoggaansamo dhammaan xeerarka guud ee xuquuqaha madaniga ah.
7. Inuu aqbaloo jeegagga KSFMNP ee taariikhahoodu shaqeynayso isla markaana ku soo gudbiyo jeegaga noocan oo kale ah muddada la oggolyahay ee ay dejisay KDHE.g
8. Inuu si aamin ah sanduuq quful leh ugu keydiyo dhammaan jeegagga la soo ururiyey kahor inta uusan si dhakhso leh u gudbin si loogu magdhabo.
9. Inuu ku shaambadeeyo dhammaan jeegagga shaambada Aqoonsiga Beeraleyda dhabarkana si habboon uga saxiixo markuu dhigayo.
10. Inay KDHE u kormeerto u hoggaansamiisa si cad ama qarsoodi ah sida ay uga baahan tahay USDA si loo xaqiijiyo in xeerarka KSFMNP la fuliyay. Fadlan la soco in iibiyeyaasha ay tahay sannadkoodii ugu horeeyay oo laga yaabo in la kormeero.
11. Inuusan bixin lacagta baaqiga ah ee wax iibsiyada qadarkoodu ka yar yahay qiimaha jeega sidoo kalena waa iinusan jeegagga KSFMP ka qaadin canshuur.
12. Bixiyaa macluumaad maadaama ay KDHE u baahan karto warbixinada Adeegyada Cuntada iyo Nafaqada.
13. In lagala xisaabtamo ficilada shaqaalaha.
14. Inuu siiyo KDHE lacagta wixii jeegag ah ee laga shaqeysiiyay ee jebiyay Heshiiskan.
15. Inuu ogeysiiyo KDHE haddii uu Beeralaha shaqada joojiyay kahor dhammaadka muddada loo oggolaaday.
16. Inuusan kaga argoosan ka qeybqaatayaasha kaararka kuuboonada aysan lacagtooda bixinin hay'adda Gobolku.

### Ganaaxyada

Ka gaabinta u hoggaansamida siyaasadaha lagu heshiiyey ee KSFMNP waxay sababi kartaa tallaabadan soo socota.

Xadgudubka Heerka 1aad: Warqad digniin ah

Xadgudubka Heerka 2aad: Warqada u Hoggaansami La'aanta iyo caawimaada farsamo ee telefoon ee lagu tijaabinayo macluumaadka la bixiyay.

Xadgudubka Heerka 3aad: Ka joojinta barnaamijka

Waxaan ka qeybqaatay kulan tababar ah ama waxaan dib u eegay bandhig si faahfaahsan u qeexaya, sharciyada iyo xeerarka Kansas Senior Farmers Market Nutrition Program/Farmers Market Nutrition Program iyo sida ay u shaqeeyaan. Waxaan oggolaaday inaan u hoggaansamo sharciyadan, waxaan fahamsanahay in haddii aanan sidaas yeelin ay sababi karto lacag bixin la'aan, ka joojinta, iyo/ama ka saarida barnaamijka.

Magaca Beeralaha (qor): \_\_\_\_\_

Saxiixa Beeralaha: \_\_\_\_\_

Saxiixa Maamulaha KSFMNP: \_\_\_\_\_

**Boosto ama fakis ugu soo dir arjiga la buuxiyay:**

Sarah Sumner, Kaaliyaha Maamulka ee SFMNP  
Kansas Department of Health and Environment  
1000 SW Jackson Street, Suite 230  
Topeka, KS 66612

**Ama iimeyl ugu soo dir arjiga la buuxiyay:**

Sarah.Sumner@ks.gov

Sida uu dhigayo sharciga xuquuqda madaniga ee Federaalka iyo Qawaaniinta iyo Siyaasadaha Xuquuqda Madaniga ee U.S. Department of Agriculture (USDA), USDA, waakaladaheeda, xafiisyadeeda, iyo shaqaalaha, iyo hay'adaheeda ka qeybqaata ama maamula barnaamijyada USDA ayaa laga mamnuucay takoorid ku salaysan isir, midab, waddanka qofku ka soo jeedo, jinsiga, naafanimada, da'da, ama aargoosi ka dhashayay hawl xuquuqda madaniga ah oo horraysay ee barnaamij ama hawl kasta oo ay fuliso ama maalgaliso USDA.

Dadka naafada ah ee u baahan habab kale oo wadaxiriir oo ay ku helaan macluumaadka barnaamijka (sida Farta Indhoolaha, daabacaadda, cajalad maqal ah, Farahadalka Mareykanka, iwm.), waa inay la xiriiraan Wakaalada (Gobolka ama deegaanka) ee ay ka soo dalbadeen dheefaha. Dadka maqalka la', maqalku ku adag yahay ama naafada ka ah hadalka waxay la xiriirii karaan USDA iyagoo u maraya Federal Relay Service (800) 877-8339. Intaa waxaa dheer, macluumaadka barnaamijka waxaa laga yaabaa in lagu heli karo luuqado kale oo aan Ingiriisi ahayn.

Si aad u gudbiso cabashada takoorka ee barnaamijka, buuxi Foomka Cabashada Takoorka Barnaamijka USDA, (AD-3027) oo laga helo barta: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, iyo xafiis kasta oo ay USDA leedahay, ama qor warqad ku socota USDA kuna qor warqadda dhammaan macluumaadka lagu codsaday foomka. Si aad u codsato nuqul ka mid ah foomka cabashada, wac (866) 632-9992. U gudbi foomka ama warqadda aad buuxisay USDA:

- (1) Boostada: Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410
- (2) Fakis: (202) 690-7442; ama
- (3) Iimeyl: [barnaamijka.intake@usda.gov](mailto:barnaamijka.intake@usda.gov).

Hay'addani waa fursad bixiye loo siman yahay.