

About 3 in 4 (75%) of the total 2,810 violent deaths in Kansas were suicides.



More than half (54%) of those who died by suicide had a **high school education or less.**



About **3 in 10 (30%)** suicide poisoning deaths were caused by an opiate overdose, followed by antidepressants (25%) and benzodiazepines (18%)



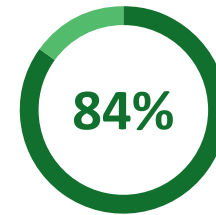
Residents in Frontier[‡] (33.1 per 100,000 persons) counties had higher suicide rate than the Kansas average (20.5 per 100,000 persons)



In 2018, suicide was the **2nd leading cause of death** among people ages **10-34** and the **3rd leading cause of death** for people ages **35-44** in Kansas



About **78%** of suicide deaths were among males, who had 3.6 times the suicide rate of females.



Most suicides (84%) were among **non-Hispanic Whites.**

Top 3 Occupation Groups

% of total workers ≥ 16 yrs, both sexes

Construction/Extraction, **12.4%**

Unpaid[¶], **11.1%**

Transportation/Material Moving, **9.8%**

[¶]Unpaid: housewife, homemaker, student, disabled, volunteer, patient, inmate, and those who did no work.

Rates for high-risk occupations



Farm/Forestry/Fishing

Male workers in Farm/Forestry/Fishing had the highest suicide rate, 159.1 per 100,000; **Female workers in the Healthcare Support** had more than 2 times the suicide rate of the average among females (23.1 vs 10.5 per 100,000)



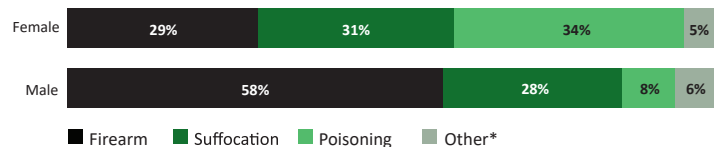
Healthcare Support



About **70.7 per 100,000 Veterans** died by suicide, which was 3.4 times the rate of non-veterans (20.5 per 100,000).

Causes of Death

Firearm ↑ in males and poisoning or drug overdose ↑ in females.



* Cut/pierce, drowning, fall, fire, transportation, or others



An estimated **\$2.81 billion** (2017 US dollars) in medical expenses and work loss, and 65,560 years of potential life lost if people die by suicide before the age of 75.

Circumstances Around Suicides

Mental Health & Substance Abuse

- **Almost 1 in 2** were identified as having current depressed mood and about **2 in 5** had mental health problems at the time of death; and about **3 in 4** of those with mental health problems listed depression or dysthymia.
- **About 1 in 5** had substance or alcohol abuse problem

Life Stressor

- **About 3 in 10** had a physical health problem
- **15%** had an argument or conflict that led to death
- **About 1 in 10** had recent criminal, legal, financial or job problems.

Interpersonal

- **About 3 in 10** had intimate partner problems.

Suicide Specific

- **About 1 in 3** had thought about suicide or left a suicide note.
- **About 1 in 4** told someone their thoughts and/or plans to die by suicide with the last month.