

SCHEDULE YOUR WELL-WOMAN VISIT TODAY!

Annual Well-Woman EXAMINATION

Top reasons why you should have an annual well-woman examination



Birth Control

Learn about choosing the right birth control method for you.



Cancer Screening

Learn about breast cancer, colon cancer or other types of cancer.



Vaccinations

Get vaccinations against the flu, HPV & more.



Health Screening

Get screened for high blood pressure, diabetes, bone density & more.



Issues With Your Menstrual Period

Discuss premenstrual syndrome, painful periods, your first period, heavy bleeding or irregular periods.



Sexually Transmitted Infections Screening

Chlamydia, gonorrhea, and genital herpes are infections that spread through sexual contact.



Relationship with Drugs, Tobacco & Alcohol

Your provider can discuss your use of drugs, alcohol or tobacco and provide resources to help you quit or cut back.



Weight Control

Learn about body mass index, exercise, obesity, & a healthy diet.



Concerns About Sex

Discuss what happens during intercourse, pain during sex, hormonal changes that change interest or response to sex or different forms of sex.



Preconception Counseling

Your healthcare provider can discuss options based on whether you are hoping to become pregnant, don't want to become pregnant or are unsure.



Depression Screening

Depression is a common but serious illness. Your provider will discuss symptoms, how often they occur and how severe they are & provide resources.



Questions About Healthy Relationships

Learn about what happens in healthy and unhealthy relationships and resources in your community that can help you stay safe.