Issuance and follow up

• Issuing CPA or BPC is responsible for first follow up call (within 7 days of issuance)

• Then BPC is responsible for monthly/ bi monthly follow up calls

Johnson County
• Simple, intuitive operation
• Closed system/vacuum seal
• Light, compact design
• Quiet and gentle to use

Visit YouTube for instructional videos in English and Spanish!

https://www.youtube.com/channel/UCTcCtOUyB1uf-m-awGIjFNgQ/videos

Sound Comparison of Common Pumps

<table>
<thead>
<tr>
<th>Pump Type</th>
<th>Sound Level (dB)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ardo – Calypso Double Plus</td>
<td>46.4</td>
</tr>
<tr>
<td>Medela – Swing Maxi</td>
<td>42.6</td>
</tr>
<tr>
<td>Medela – Pump in Style</td>
<td>42.6</td>
</tr>
<tr>
<td>Ameda – Purely Yours</td>
<td>54.9</td>
</tr>
<tr>
<td>Lansinoh – Affinity Pro</td>
<td>56.6</td>
</tr>
<tr>
<td>Philips – AVENT SCF 334</td>
<td>56.6</td>
</tr>
<tr>
<td>Medela – Freestyle</td>
<td>58.0</td>
</tr>
</tbody>
</table>

Shawnee County Health Dept.

Kay Powell RD, LD
785 251-5625
Getting a breastpump through Insurance

- Investigate with your local hospital and providers how clients receive an insurance issued pump

Medical Supply Companies

Allied Medical Equipment
15301 W. 87th Street Pkwy
Lenexa, KS 6619
(913) 541-9500
- Only for Kancare and TriCare insurance for hospital issuance

Unified Government Public Health Dept. WIC Program

- Anyone returning back to school/work
- Waiting on a pump from insurance
- Referred by IBCLC
- Engorgement
- Mastitis

Wyandotte County Breast Pump Program

*All pumps are handed out by RDs, but may be referred by BFPCs*

- Electric Pumps
- Manual Pumps
- Silicon Pumps
- Single User Pumps

Jennifer Jamison, RD, LD – nutrition and breastfeeding coordinator
**Unified Government Public Health Dept. WIC Program**

**Manual Pumps**
- Any breastfeeding mom who qualifies for a pump

**Silicon Pumps**
- BF moms who have a rapid let-down
- Baby only takes one breast at a feeding
- Mom is leaking a lot throughout the day

**Single user**
- A BF mom who commits to BF for a full year without using formula
- Has to be returning to work/school for at least 20hrs/week
- Mom has to use one of our electric pumps for 1 month before receiving a single user pump

Currently 15 electric pumps are checked out, from a total of 57.
- Not handing out electric pumps as much, due to referring our clients to their own insurance.
- Some electric pumps have not been returned. We do send out letters stating that it is an offense not to return the pump and they could be penalized financially.
- We are not handing out single user pumps or manual pumps as much either, again due to clients getting pumps from insurance companies.
- We contact the moms via phone 1 week after issuing the pump with a follow-up to see how the pump is working and then on a monthly basis.
- The client has to come back to our clinic every month for a pump inspection. This seems to help keep our not returned pumps to a minimal. If the client is no longer breastfeeding and wants more formula, she has to return the pump before getting more formula.
Stephanie Henry
MT, IBCLC, RLC, CLE
NEOSHO COUNTY HEALTH DEPARTMENT

NEOSHO COUNTY HEALTH DEPARTMENT
BREAST PUMP PROGRAM

It all starts with a . . . . . .

WIC BREAST PUMP QUESTIONAIRRE

* I use this as guidance for me to help determine what type of pump best fits the need for the client (manual or electric).

MANUAL
The BFPC role is to ask questions to determine where to guide a family so they can make an informed decision as to which breast pump type would work best for them.

- Many times it may not be a WIC program pump!
- Most insurance companies provide our clients with a breast pump and our role is to educate and connect them with the resource.
Thank you for letting me share the success of Neosho County Health Department’s breast pump program!

Thank you!

Insurance Coverage & Breast Pumps

Presented by Stephanie Henry, MT, IBCLC, RL, CLE
Neosho County Health Department

IBCLC Code of Conduct

- As an IBCLC our code of professional conduct is to supply client’s with sufficient and accurate information to enable client’s to make informed decisions (Principle 1: 1.3)
- As an IBCLC we convey accurate, complete, and objective information about commercial products. (Principle 2: 1.4)
- As an IBCLC we present information without personal bias. (Principle 1: 1.5)

Insurance

- In Neosho County the most common type of insurance our clients have include:
  - Blue Cross and Blue Shield of Kansas
  - Kansas Medicaid (Kancare) which includes Aetna, Sunflower, and United Healthcare
  - TriCare
3 Ways to Receive a Breast Pump

Call and order the breast pump over the phone.

Local DME (in Neosho County Cardinal Drugstore is our local DME)

Online

LOCAL DME (DURABLE MEDICAL EQUIPMENT)

Steps to get a breast pump through the DME

* Client gets a script from her physician
* Bring Photo ID and Medicaid insurance card
* Fill out the form that the DME requires
* DME will tell you when you can get the breast pump (24 hours on up to several weeks)

LOCAL DME

* The local DME may be limited to only one style of breast pump that they provide.

* One of our local DME’s only carries Medela Pump in Style while another DME in a neighboring county only carries the single side Lansinoh breast pump.

ONLINE ORDERING OPTIONS

* The online ordering options vary from each KanCare plan.
* You may find 3 to 7 different websites and phone numbers to choose from.
AETNA BREAST PUMP PROVIDER LIST

<table>
<thead>
<tr>
<th>Client Source</th>
<th>Contact Name</th>
<th>Email Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aetna</td>
<td></td>
<td></td>
</tr>
<tr>
<td>United Healthcare</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sunflower</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

COMMON THREAD

- All 3 MCO’s for Kancare (Aetna, United Healthcare, & Sunflower) have Edgepark (online ordering website) on their breast pump provider list.

ONLINE ORDERING OPTIONS

- Clients go online to the Edgepark website.
- Client selects their state and their insurance.
- Edgepark contacts both the physician and the insurance company.
- Client selects their pump style/brand online through their website: https://pages.email.edgepad.com/bp/eligibility/form/

BREAST PUMP ORDERING INFORMATION

- To process the pump order, clients will need the following information:
  - Your breast pump selection
  - Your baby’s due date
  - Your contact information
  - Your health insurance information
  - Your health care provider or OB/GYN’s name and contact information
Ships directly to the client. They do not pay shipping.

It takes 2 to 3 weeks total from the time the client fills out the online form.

10 business day processing time and an additional 2 to 3 business days for shipping

Present the information for the client so they can make an informed decision on which type of pump is best suited for them.

**How Long Does It Take?**

**Understanding What Is Available For Clients**

**BREAST PUMPS**

- **Medela Pump in Style**
  - Double-electric breast pump
  - 2-Phase Expression technology with one-touch let-down button
  - Single knob speed/vacuum adjustments
  - All parts that touch breast milk are made without BPA
  - Battery pack (8 AA batteries NOT included)
  - 24mm and 27mm PersonalFit breast shields

- **Spectra 9 Plus**
  - Includes: 9 Plus Pump, Power Adapter, (2) Spectra Wide Neck Bottle, (2) Spectra Backflow Protector, (2) Spectra Duckbill Valve, (2) Spectra Tubing, (2) 24mm size flange
  - Rechargeable battery: Spectra 9 Plus has a convenient, inbuilt rechargeable battery
  - Technologically advanced: Spectra 9 Plus comes with a multi-phase adjustable suction, a single LED display with massage/expression technology
**Spectra S2 Plus**

**INCLUDES:** Spectra S2 Hospital Grade Double/Single Breast Pump, 12 Volt AC Power Adapter, Detachable Power Cord Plug, (2) Spectra Wide Neck Bottle, (2) Spectra Backflow Protector, (2) Spectra Duckbill Valve, (2) Spectra Tubing, (2) 24mm Flange, (2) 28mm Flange

**CLOSED SYSTEM:** No need to clean the narrow tubing because Spectra S2 has a closed pumping system that keeps tubing dry by preventing air flow between expressed milk and pump tubing while pumping. This aides in protecting breast milk and baby from bacteria, mold and viruses while pumping.

**CUSTOMIZABLE SETTINGS:** Each mother can customize her pump's settings to her own body’s response and follow her flow to find her own best settings with the S2’s completely adjustable suction and 2 phase cycling let-down and expression mode.

---

**Lansinoh Smartpump Deluxe Double Electric Breast Pump**

**Bluetooth connection to the Lansinoh Baby App that tracks pumping session data**

**Tote bag and cooler supplies**

**3 pumping styles**

**Ability to pump directly into milk storage bags**

---

**Lansinoh Smartpump Double Electric Breast Pump**

**Bluetooth connected to the Lansinoh Baby App that tracks pumping session data**

**2 Bottles without nipples ONLY sealing disks**

**Set of 25 mm ComfortFit Flanges**

**Power adapter and battery pack (6 AA batteries NOT included)**

**3 pumping styles**

**Ability to pump directly into milk storage bags**

---

**Ameda Mya Breast Pump**

**Hospital strength double electric breast pump**

**Internal rechargeable battery that holds two hours of full power charge**

**2 Phase Adjustable suction modes that includes 10 levels of expression phase mode and 5 levels of massage mode.**

**Timer display**

**24 mm Flange size included**
**Freemie Independence Mobile Pump**
- Discreet rechargeable battery powered mobile double electric breast pump
- Single or double pumping
- Includes Freemie next generation closed system hands free cups with barrier inside
- Includes 25 mm flanges
- Wall adapter and belt clip
-Compact bag included

**Ardo Calypso Essentials Breast Pump**
- Closed system to prevent back up and condensation from entering the tubes and pump
- Independent vacuum and cycle adjustments (64 total settings)
- 2 milk collection bottles with lids, rings, and caps
- Power adapter
- Battery compartment (AA batteries NOT included)
- Set of 26 mm flanges (angled breast shield)

**WIC Breast Pump**
Agencies with the WIC breast pump program are purchasing different styles of breast pump to offer through the WIC breast pump program due to Medela no longer manufacturing Lactina breast pumps.

**Confusion?**
- Clients feel confused when selecting their style of breast pump.
- Understand their needs and present unbiased information regarding breast pump choices.
- Is she going to be exclusively pumping?
- Is she returning to work?
- Does she want to store up a supply or she is going to only use the breast pump a handful of times?
- Which pump does she feel best fits her needs? *She needs to select 2 to 3 as sometimes one style of pump may be unavailable at the time she orders her pump if ordering online or over the phone.*
Each Kansas Medicaid MCO is different as to when a client can receive her breast pump. Please be sure to call the Kancare MCO’s to determine when client’s can place their order.

**WHEN CAN A CLIENT ORDER HER BREAST PUMP?**

Depending on the insurance type some breast pump orders can be placed 30 to 60 days ahead of their recorded delivery date.

**BREAST PUMP ORDER**

As of this presentation some insurance companies will let the client fill out the online form for Edgepark or go to their local DME to order their breast pump BUT they can not receive their breast pump until after they deliver.

**BREAST PUMP ORDER**

**KANCARE MEDICAID**

- Aetna Kancare
  855-221-5656
- Sunflower
  877-644-8423
- United Healthcare
  877-942-9236
FREQUENTLY ASKED QUESTIONS

- How often can a Kansas Medicaid client get a breast pump?
  A Medicaid client can receive 1 pump per year per birth. Stated in the Medicaid (KMAP) provider guide.

- What else can a Medicaid client receive in addition to her breast pump?
  No more than 2 per year a Medicaid client can receive:
  * Tubing
  * Caps
  * Bottles
  * Locking Rings

- Where does she go to order replacement supplies?
  Through the Kancare customer service number (found on the back of her Medicaid card). Depending on the style of pump they will further guide them on what number to call to receive replacement supplies.

BLUE CROSS BLUE SHIELD BREAST PUMPS

- As of this current timeframe MOST Blue Cross Blue Shield insurance coverage will only provide a manual breast pump.

- In some cases they have provided a double electric breast pump with a script and letter from a healthcare provider.

TRICARE

- Breast pump coverage is available to all Tricare-eligible females who have a "birth event."
- For purposes of this coverage, a "birth event" means a pregnancy and childbirth, or a legal adoption with intention to personally breastfeed.
- You can get the breast pump and supplies before or after the delivery.
- Tricare covers different types of breast pumps depending on the situation. All new mothers are authorized one manual or standard electric breast pump per birth event (birth or adoption.)

TRICARE

- When medically required, Tricare will cover an electric hospital-grade breast pump and supplies. Applicable situations include when the mother and child are separated by illness, or when the child is unable to breastfeed for medical reasons.
- Tricare also covers the following supplies for 36 month after the birth event:
  * Standard power adapters
  * Tubing and tubing adaptors
  * Locking rings
  * Bottles and bottle caps
  * Storage bags
  * Two breast pump kits per birth event.
QUESTIONS?