

133 High Maternal Weight Gain

Kansas Risk Factor Summary

Risk Factor Code	Kansas Risk Factor Title	High Risk	Auto-Assigned	Based on MD Diagnosis	Category and Priority					USDA Revised Date
					PG	BF	PP	I	C	
133	High Maternal Weight Gain		X		1	1	5			06/10

Kansas Risk Factor Definition

Total weight gain for most recent pregnancy that exceeds the upper limit of the Institute of Medicine’s (IOM)-recommended range for her respective Prepregnancy weight category. The risk factor is assigned using the singleton weight gain range.

Prepregnancy Weight Category ¹		Upper limit of Weight Gain Range (lbs)
Underweight	BMI <18.5	> 40
Normal weight	BMI 18.5 to 24.9	> 35
Overweight	BMI 25.0 to 29.9	> 25
Obese	BMI ≥ 30.0	> 20

USDA Justification

Note: USDA Justification is provided because it explains nicely why the risk is important. However, you must use the Kansas risk factor names and definitions which may differ slightly from the USDA document.

¹ Until research supports the use of different BMI cut-offs to determine weight status categories for adolescent pregnancies, the same BMI cut-offs will be used for all women, regardless of age, when determining WIC eligibility.