

## High-Risk Risk Factors for Pregnant Women

For information on providing nutrition education for high-risk clients, see [PPM NED 02.03.00 – Nutrition Education Contact – Second, High Risk](#).

<b>Risk Factor</b>
101a Underweight
131 Low Maternal Weight Gain
201a Low Hemoglobin/Hematocrit, 1 <sup>st</sup> Trimester
201b Low Hemoglobin/Hematocrit, 2 <sup>nd</sup> Trimester
201c Low Hemoglobin/Hematocrit, 3 <sup>rd</sup> Trimester
301 Hyperemesis Gravidarum
302 Gestational Diabetes
303a History of Gestational Diabetes
339a Hx Birth w/ Nutrition Related Birth Defect
341 Nutrient Deficiency or Disease
343 Diabetes Mellitus
346 Renal Disease
347 Cancer
349 Genetic and Congenital Disorders
351 Inborn Errors of Metabolism
352a Infectious Diseases-Acute
352b Infectious Diseases-Chronic
354 Celiac Disease
357 Drug Nutrient Interactions
358 Eating Disorders
359 Recent Major Surgery, Trauma, Burns
372a Alcohol and/or Substance Use