

## 345b Hypertension and Prehypertension

### Kansas Risk Factor Summary

Risk Factor Code	Kansas Risk Factor Title	High Risk	Auto-Assigned	Based on MD Diagnosis	Category and Priority					USDA Revised Date
					PG	BF	PP	I	C	
345b	Hypertension and Prehypertension		X PG, PP, BF only	X	1	1	6	1	3	05/19

### Kansas Risk Factor Definition

Presence of hypertension or prehypertension diagnosed by a physician as self-reported by client; or as reported or documented by a physician, or someone working under physician's orders.

- Hypertension:  $\geq 140/\geq 90$  mm Hg.
- Prehypertension: 120-139/80-89 mm Hg.

KWIC will auto-assign if “Yes” is marked for the KWIC Health Interview question “Do you have high blood pressure or pre-high blood pressure ( $\geq 120/80$ ) when you are not pregnant?”

### [USDA Justification](#)

**Note:** USDA Justification is provided because it explains nicely why the risk is important. However, you must use the Kansas risk factor names and definitions which may differ slightly from the USDA document.