

Collaborating with Law Enforcement

This resource explores opportunities for collaborating with other criminal justice sectors to address opioid misuse and overdose,



<https://www.samhsa.gov/capt/tools-learning-resources/collaborating-criminal-justice-thinking-beyond-law-enforcement>

Addiction as a Disease—Not a Moral Failure

This resource explores the nature of addiction and society's attitudes toward people with substance use disorders and how language can reduce stigma.



<https://www.samhsa.gov/capt/tools-learning-resources/addiction-as-disease-not-moral-failure>

Prevent Med Abuse – a CADCA Initiative

The Community Anti-Drug Coalitions of America (CADCA) Online Rx Abuse Prevention Toolkit contains facts, strategies and tools to prevent and reduce teen Rx medicine abuse in your community. This newly revised toolkit is based on CADCA's Seven Strategies for Effective Community Change. Incorporating these strategies will help you formulate, modify and implement your prevention and intervention strategies.



<http://www.preventmedabuse.org/about-the-tool-kit/how-to-use-the-toolkit/#.Ww1b6UgvyUk>

CDC Resources

Adverse Childhood Experiences (ACEs)

Childhood experiences, both positive and negative, have a tremendous impact on future violence victimization and perpetration, and lifelong health and opportunity. As such, early experiences are an important public health issue. Much of the foundational research in this area has been referred to as Adverse Childhood Experiences (ACEs). ACEs can be prevented. Learn more about preventing ACEs in your community. <https://www.cdc.gov/violenceprevention/acestudy/index.html>



Resources and Data on Opioids



<https://www.cdc.gov/drugoverdose/opioids/index.html>

Provider Education

Free virtual training opportunities

Project ECHO

Web-based, collaborative provider education using case-based learning and interdisciplinary teams. Includes series on pain management and opioid addiction. (Includes free CME)



<http://www.kumc.edu/community-engagement/ku-center-for-telemedicine-and-telehealth/project-echo.html>

KansasTrain

KansasTRAIN is an affiliate of the Public Health Foundation's TRAIN Learning Network, and serves as the Kansas Department of Health and Environment's learning management system.



www.ks.train.org

Provider’s Clinical Support System – For Opioid Therapies (PCSS-O)

National program for training and resources, including a comprehensive course on opioid prescribing for primary care providers in the essential evidence-based clinical practices in treating chronic pain—with or without medications. (Includes free CME)



<https://pcss-o.org/>

Provider’s Clinical Support System – For Medication Assisted Treatment (PCSS-MAT)

National program for training and resources that provides the most effective evidenced-based clinical practices in the prevention, identification, and treatment of OUDs. (Includes free CME and Buprenorphine waiver training) <https://pcssmat.org/>



Joint Policy Statement of the Kansas Boards of Healing Arts, Nursing and Pharmacy, on the Use of Controlled Substances for the Treatment of Chronic Pain

This policy statement highlights the board approved principles regarding health care professionals’ responsibilities when evaluating the use of controlled substances for the treatment of chronic pain. These include assessment, treatment planning, informed consent and patient agreements, periodic reviews, consultation, and documentation.



<https://pharmacy.ks.gov/docs/default-source/Guidance-Documents/joint-policy-statement-on-use-of-controlled-substances-and-for-the-treatment-of-chronic-pain.pdf?sfvrsn=0>

CDC Guidelines and Resources

CDC Guidelines

CDC developed and published the CDC Guideline for Prescribing Opioids for Chronic Pain to provide recommendations for the prescribing of opioid pain medication for patients 18 and older in primary care settings.



<https://www.cdc.gov/mmwr/volumes/65/rr/rr6501e1.htm>

CDC Guideline Fact Sheet and Pocket Guide



https://www.cdc.gov/drugoverdose/pdf/Guidelines_Factsheet-a.pdf

https://www.cdc.gov/drugoverdose/pdf/TurnTheTide_PocketGuide-a.pdf

Applying CDC’s Guideline for Prescribing Opioids – Interactive Training Series

This interactive online training series aims to help healthcare providers apply CDC’s recommendations in clinical settings through patient scenarios, videos, knowledge checks, tips, and resources.



<https://www.cdc.gov/drugoverdose/training/online-training.html>

Clinician Outreach and Communication Activity Webinar Series

This seven-part series is intended to use a data-driven approach to help providers choose the most effective pain treatment options and improve the safety of opioid prescribing for chronic pain.



<https://www.cdc.gov/drugoverdose/training/webinars.html>

Guideline Web and Phone App

CDC’s Opioid Guide App is designed to help providers apply the recommendations of CDC’s Guideline for Prescribing Opioids for Chronic Pain into clinical practice by putting the entire guideline, tools, and resources in the palm of their hand.



https://www.cdc.gov/drugoverdose/pdf/App_Opioid_Prescribing_Guideline-a.pdf

Assessing the Benefits and Harms of Opioid Therapy

CDC factsheet that provides information regarding the benefits and harms of using opioids for pain management.

 https://www.cdc.gov/drugoverdose/pdf/Assessing_Benefits_Harms_of_Opioid_Therapy-a.pdf

Checklist for treating chronic pain with opioids

This document provides a checklist of considerations prior to initiating opioids for chronic pain management.

 https://www.cdc.gov/drugoverdose/pdf/PDO_Checklist-a.pdf

Kansas 2017 Opioid Conference CDC Guideline Presentation – Melanie Simpson

Dr. Simpson’s presentation on the CDC Prescribing Guidelines.

 <https://files.acrobat.com/a/preview/df6382b0-c75e-46a7-a026-c2cb20eba680>

Improving Opioid Prescribing Policy Brief

National Institute on Drug Abuse evidence-based resources for physicians.

 https://d14rmgtrwzf5a.cloudfront.net/sites/default/files/opioid_prescriber.pdf

Pain Assessments

Pain Assessment and Documentation Tool (PADT)

Two-sided chart note designed to be easily included in a patient’s medical record and to facilitate ongoing evaluation of patient pain and documentation of pain management.

 <https://www.drugabuse.gov/sites/default/files/files/PainAssessmentDocumentationTool.pdf>

PEG

Three-item scale to assess pain intensity (P), enjoyment of life (E), and interference with general activity (G).

 <http://mytopcare.org/wp-content/uploads/2013/06/PEG-pain-screening-tool.pdf>

Kansas 2017 Opioid Conference Assessment of Chronic Pain Presentation – Dr. Talal Khan

Dr. Khan’s presentation regarding chronic pain assessments.

 <https://files.acrobat.com/a/preview/b36d0ba5-de8e-45b5-b2ee-4fc3b4a723a2>

Risk Assessments

SBIRT: Screening, Brief Intervention, and Referral to Treatment

SBIRT is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs.

 <https://www.integration.samhsa.gov/clinical-practice/sbirt>

TAP 33: Systems-Level Implementation of Screening, Brief Intervention, and Referral to Treatment

This guide describes core elements of screening, brief intervention, and referral to treatment (SBIRT) programs for people living with or at risk for substance use disorders. It provides information on implementing SBIRT services and covering challenges, barriers, cost, and sustainability.

 <https://store.samhsa.gov/product/TAP-33-Systems-Level-Implementation-of-Screening-Brief-Intervention-and-Referral-to-Treatment-SBIRT-/SMA13-4741>

Reimbursement and Coding for SBIRT

List of SBIRT codes and fee schedules for major health insurance payers.

 https://www.integration.samhsa.gov/sbirt/Reimbursement_for_SBIRT.pdf

Chart of Evidence-Based Screening Tools for Adults and Adolescents

This resource provides examples of evidence-based screening tools and resource materials that are easy to use and available at no charge. Examples include: Opioid Risk Tool (ORT), NIDA Drug Duse Screening Tool, CRAFFT, CAGE-AID, Brief Screener for Alcohol, Tobacco, and other Drugs (BSTAD), Screening to Brief Intervention

 <https://www.drugabuse.gov/nidamed-medical-health-professionals/tool-resources-your-practice/screening-assessment-drug-testing-resources/chart-evidence-based-screening-tools-adults>

Opioid Risk Tool (ORT)

Brief, self-report screening tool designed for use with adult patients in primary care settings to assess risk for opioid abuse among individuals prescribed opioids for treatment of chronic pain.

 <http://pcssmat.org/wp-content/uploads/2014/11/Opioid-Risk-Tool.pdf>

NIDA Screening for Drug Use in General Medical Settings Resource Guide

This Resource Guide is intended to provide clinicians serving adult populations in general medical settings with the screening tools and procedures necessary to conduct screening, brief intervention, and/or treatment referral for patients who may have or be at risk of developing a substance use disorder.

 https://www.drugabuse.gov/sites/default/files/resource_guide.pdf

Alternative Pain Management Strategies

Non-opioid pain management

CDC document that provides a list of non-opioid / non-pharmacologic interventions for painful conditions.

 https://www.cdc.gov/drugoverdose/pdf/nonopioid_treatments-a.pdf

Kansas 2017 Opioid Conference Contemporary Pain Management Strategies Presentation – Dr. Talal Khan

Presentation that provides an overview of types of pain and respective efficacious treatments.

 <https://files.acrobat.com/a/preview/2112d109-0cc3-45e6-a7b2-7593404810a7>

Pain Agreement, Informed Consent Forms

Sample Pain Agreement Form

This resource includes two sample patient agreement forms that can be used with patients who are beginning long-term treatment with opioid analgesics or other controlled substances.

 <https://www.drugabuse.gov/sites/default/files/files/SamplePatientAgreementForms.pdf>

Sample Informed Consent Form

This document can help facilitate clear communication between patients and healthcare providers about long-term opioid therapy, clearly define treatment expectations, and resolve any questions or concerns patients may have before treatment initiation.

 <https://www.drugabuse.gov/sites/default/files/files/SampleInformedConsentForm.pdf>

Recognizing Aberrant Behaviors

Aberrant Drug Taking Behaviors Information Sheet

This information sheet provides examples of patient behaviors that may indicate prescription medication abuse or addiction and behaviors that may appear aberrant but are likely to be part of the normal process of stabilizing a patient's pain condition.

 <https://www.drugabuse.gov/sites/default/files/files/AberrantDrugTakingBehaviors.pdf>

Recognizing Opioid Abuse

This resource contains a brief table of information to guide recognition of opioid abuse or addiction in patients receiving long-term opioid therapy.

 <https://www.drugabuse.gov/sites/default/files/files/RecognizingOpioidAbuse.pdf>

Calculating Total Daily Dose of Opioids

CDC Calculating Total Daily Dose of Opioids for Safer Dosage

 https://www.cdc.gov/drugoverdose/pdf/calculating_total_daily_dose-a.pdf

Pain Assessment and Management Initiative Pain Management Dosing Guide

 http://americanpainsociety.org/uploads/education/PAMI_Pain_Management_and_Dosing_Guide_02282017.pdf

Tapering / Discontinuation

Tapering Pocket Guide

This tool aims to help physicians considering reducing or eliminating opioid dosage to chronic pain patients.

 https://www.cdc.gov/drugoverdose/pdf/Clinical_Pocket_Guide_Tapering-a.pdf

Sample notification of discontinuation

This sample letter can be used to document why opioid treatment can no longer be provided and offers the provider an opportunity to provide the patient with additional information and resources.

 https://www.drugabuse.gov/sites/default/files/files/Discontinuation_of_Opioid_Treatment_Letter_508.docx

Patient Education

CDC Patient Information

This webpage provides educational information to patients to assist them in navigating their treatment for chronic pain and how to talk and work with their providers.

 <https://www.cdc.gov/drugoverdose/patients/index.html>

Safeguarding against diversion

Resource on safe use, storage, and disposal of opioid medications.

 <https://turnthetidex.org/for-patients/>

Effectively Communicating with Patients about Opioid Therapy

 https://emergency.cdc.gov/coca/calls/2016/callinfo_121316.asp

CDC Patient What you need to know about opioids factsheet

This fact sheet provides prescription opioid information to patients.

 <https://www.cdc.gov/drugoverdose/pdf/AHA-Patient-Opioid-Factsheet-a.pdf>

Stigma Reduction

Addiction as a Disease—Not a Moral Failure

This resource explores the nature of addiction and society's attitudes toward people with substance use disorders and how language can reduce stigma.

 <https://www.samhsa.gov/capt/tools-learning-resources/addiction-as-disease-not-moral-failure>

The Role of Shame in OUDs

 <https://pcssnow.org/education-training/training-courses/role-shame-opioid-use-disorders/>
Respect and Dignity Key in Treating Substance Use Disorders AHA Video

The American Hospital Association (AHA), as part of its campaign to address stigma and substance use disorder treatment, collaborated with the American Academy of Addiction Psychiatry and Substance Abuse and Mental Health Services Administration to produce a series of videos showcasing the positive results of treating patients with respect and dignity.

 <https://www.youtube.com/watch?v=Ct6ALyISZ1k>

Opioid Use Disorder

Pocket Guide: MAT of OUD

This resource provides information to providers regarding withdrawal scales, SBIRT, and indications and contraindications for MAT with opioids.

 <https://store.samhsa.gov/shin/content//SMA16-4892PG/SMA16-4892PG.pdf>

Screening, Brief Intervention, and Referral to Treatment (SBIRT)

This document provides the SBIRT protocol and algorithm for positive and negative drug use screens.

 https://www.samhsa.gov/sites/default/files/programs_campaigns/samhsa_hrsa/screening-brief-intervention-referral-treatment-guide.pdf

Buprenorphine Waiver:

This website provides information regarding how to apply for a physician waiver and the link to SAMHSA's new waiver request – to allow for buprenorphine prescribing for MAT.

 <https://www.samhsa.gov/medication-assisted-treatment/buprenorphine-waiver-management/apply-for-physician-waiver>

Kansas Substance Use Disorder Treatment Referral Line

This resource provides assessment and referral services to individuals seeking help for SUD/OUD.

 1-866-645-8216

Tools to measure opioid withdrawal symptoms

This website contains various observational tests to determine the severity of opioid withdrawal.

 <https://www.ncbi.nlm.nih.gov/books/NBK143183/>

Naloxone

Prescribe to Prevent

Free Naloxone training materials. Overdose prevention and naloxone for prescribers and pharmacists. An ideal educational program for physicians, nurse practitioners, physician assistants, nurses, and pharmacists on how to prevent overdoses among patients and their social networks.



https://www.opioidprescribing.com/naloxone_module_1-landing

Primary Care Providers

Why Guidelines for Primary Care Providers

This infographic provides information on why primary care providers should use the CDC's Guidelines for Prescribing Opioid for Chronic Pain.



https://www.cdc.gov/drugoverdose/pdf/guideline_infographic-a.pdf

Hospitals

AHA Stem the Tide Opioid Toolkit for Hospitals

The American Hospital Association developed this toolkit to provide guidance and resources to hospitals and health systems regarding how to work with patients, clinicians, and communities to stem the opioid epidemic.



<https://www.aha.org/system/files/content/17/opioid-toolkit.pdf>

Toolkit for Pain Assessment, Management and Safe Opioid Prescribing

This toolkit aims to assist hospitals in meeting the new Joint Commission requirements. It provides recommendations for developing an opioid/pain management leadership team, pain screening forms and processes, and developing individualized treatment plans for in-hospital pain management and continued pain management after discharge.



<https://greatplainsqin.org/wp-content/uploads/2018/04/KS-Opioid-Toolkit-Combined.pdf>

Pharmacists

Kansas Pharmacist Association (KPhA) Opioid Information for Pharmacists

Provides the pharmacy practitioner with short educational videos and documents related to opioids in the United States and in Kansas.



<https://kansaspharmacistsassociation.wildapricot.org/Opioid-Information-for-Pharmacists/>

CDC Pharmacists: on the Front Lines Brochure

This brochure provides information for pharmacists on serving as a first line of defense to address prescription opioid abuse and overdose including the pharmacist's role in prevention, partnering with prescribers, and communicating with patients.



https://www.cdc.gov/drugoverdose/pdf/pharmacists_brochure-a.pdf

Dentists

School of dentistry guideline for acute postoperative pain opioid prescribing guidelines



<https://files.acrobat.com/a/preview/82f7e71e-2686-4497-bd20-5ea118358935>

ADA Detection and Deterrence of SUDs and Drug Diversion in the Dental Practice

This resource provides dental professionals with information regarding SUDs, and provides a comprehensive overview of drug diversion prevention strategies into practice.

3) Dentists will be able to identify overt signs of substance abuse in their patients



<https://www.ada.org/en/~media/ADA/About%20the%20ADA/Files/ADA%20Webinar%201>

Safe Opioid Prescribing for Acute Dental Pain

Training on the safe and competent use of opioids for managing acute moderate to severe dental pain.



https://www.opioidprescribing.com/dental_landing

American Association of Oral and Maxillofacial Surgeons Opioid Prescribing: Acute and Postoperative Pain Management White Paper



www.aaoms.org/docs/govt_affairs/advocacy_white_papers/opioid_prescribing.pdf

Veterans Affairs

VA/DOD Clinical Practice Guidelines for Opioid Therapy for Chronic Pain

This guide provides evidence-based recommendations for opioid prescribing for chronic pain to providers in DOD and VA Health Care systems.



<https://www.healthquality.va.gov/guidelines/Pain/cot/>

Pocket Card of Guidelines



<https://www.healthquality.va.gov/guidelines/Pain/cot/VADoDOTCPGPocketCard022817.pdf>

Physical Therapy

Kansas Physical Therapy Association (KPTA)

KPTA is the member organization of physical therapists and physical therapist assistants. This organization “represents, promotes, and advocates for the profession of physical therapy, facilitates best practice, and assists members in meeting the physical therapy needs of the community.”



<https://kpta.com/index.cfm>

Treatment and Recovery

Kansas Treatment Resources

Kansas Substance Use Disorder Treatment Referral Line



1-866-645-8216

Kansas Substance Use Disorder Treatment Services

This website provides a comprehensive overview of different types of treatment and recovery services in Kansas.



<https://www.kdads.ks.gov/commissions/behavioral-health/consumers-and-families/services-and-programs/substance-use-disorder-treatment-services>