WIC Foods

- WIC foods (including infant formula and medical foods) are supplemental. They are intended to provide some, but not all of the foods your child requires each day.

- WIC foods contribute key nutrients such as protein, calcium, iron, folic acid, and vitamins A, C, and D. These nutrients are essential for health and well-being during times of growth and development.

- WIC foods are for your child and are not meant to be for the entire family.

Why WIC only Provides Certain Formulas

- To control costs WIC is required to have contract to receive money back for each can of milk or soy-based formula purchased. All of the money is used to serve more women, infants, and children in Kansas.

- WIC provides the following formulas to partially or non-breastfed infants:
  - Abbott Nutrition
    - Similac Advance
    - Similac Sensitive
    - Similac for Spit-up
    - Similac Total Comfort
    - Similac Soy Isomil

- WIC does not provide other brands of standard milk or soy-based infant formula such as Enfamil, Gentlease, Good Start, or store brands.

- Specialized formulas, such as Alimentum, Enfacare, and PediaSure may be provided with a medical diagnosis that warrants the use of such products. Examples of diagnoses include:
  - Food intolerance/allergies, including family history of several allergies
  - Metabolic disorder/inborn error amino acid metabolism
  - GI disorders, including malabsorption syndromes
  - Complications of prematurity

- Medical foods such as PediaSure, Boost Kid Essentials, or Ensure will not be provided to children and women to manage weight without an underlying medical diagnosis. Poor weight gain is not an adequate justification.

- Soy beverage and/or tofu may be provided to women and children ≥ 1 year of age without medical documentation.