

ATV INJURY PREVENTION

SUMMER SAFETY



With summer in full swing, many Kansans are spending more and more time outdoors soaking up sunshine. All-Terrain Vehicles (ATVs) can be a fun way to enjoy the season but can also pose a serious risk for injury if proper precautions are not observed.

There are more than 100,000 Emergency Room visits each year due to ATV accidents. Follow the safety tips below for a safer ride!

- Children younger than 16 should not operate adult ATVs. Check the size/age recommendations from the manufacturer on your ATV before riding.
- Single-rider ATVs are only meant to accommodate one rider. Adding additional passengers increases the risk for accidents.
- Some of the most commonly injured areas in ATV accidents are the head and neck, arms and hands, and legs and feet. To protect yourself, make sure you are wearing:



Helmet*



Goggles



Long Sleeves



Long Pants



Over-the-Ankle Boots



Gloves

- When driving an ATV make sure to avoid paved roads. ATV tires do not grip as well on paved roads and are more likely to overturn or collide with other vehicles than they are off-road.
- Don't drink and drive! Drugs and alcohol can impair motor reflexes and decision-making and increase the risk of injury when operating an ATV.