The following are high-quality, trusted online resources for parents seeking education about breastfeeding:

- **Birth & Beyond**—phone app access to Global Health Media videos, currently only for iPhones
- **Coffective**—phone app (Android) (iPhone)
- **Droplet**—short videos and written content
- **Global Health Media**—online video library, phone app access
- **The Institute for the Advancement of Breastfeeding and Lactation Education**—online video library
- **It’s Only Natural**—videos and written information for Black families
- **Ready, Set, Baby**—five self-paced, interactive online modules