

Child Nutrition Assessment

First, follow-up on previous nutrition/health assessment

100's Anthropometric = HT/WT, % tiles**KWIC Screen: Anthro Measures**

Ask only if applicable:

- How do you feel about your child's growth?
- What has your doctor said about your child's growth?

200's Biochemical = Blood Tests**KWIC Screen: Blood Measures**

Ask only if applicable:

- What has your doctor said about your child's iron? What do you know about low iron?

300's Clinical = Health/Medical Conditions**KWIC Screen: Health Interview** (First, ask all questions on Health Interview)

- What did the doctor tell you about your child at the last Well Child Check?
- Did your child receive any immunizations at that time?

PROBE for any changes since certification**KWIC Screen: ATOD** (Ask all questions on KWIC Screen: ATOD)**400's Diet and Nutrition****KWIC Screens: Notes**

- Tell me about any changes in your child's health or eating? (appetite, cup use, weaning, feeding issues, etc.)

Optional:

- Please share with me one thing you like about your child's eating.
- What thing would you like to be different about your child's health or eating?

PROBE for any changes since certification**900's Environmental/Other Factors****KWIC Screens: Notes**

- What are some physical activities that your child enjoys?

PROBE for any changes since certification

Infant Nutrition Assessment First, follow-up on previous nutrition/health assessment	Breastfeeding Nutrition Assessment First, follow-up on previous nutrition/health assessment
100's Anthropometric = HT/WT, % tiles KWIC Screen: Anthro Measures Ask only if applicable: <ul style="list-style-type: none"> • How do you feel about your baby's growth? • What has your doctor said about your baby's growth? 	100's Anthropometric = HT/WT, % tiles KWIC Screen: Anthro Measures Ask only if applicable: <ul style="list-style-type: none"> • What has your doctor said about your weight? • What are your thoughts on your weight?
200's Biochemical = Blood Tests KWIC Screen: Blood Measures Ask only if applicable: <ul style="list-style-type: none"> • What has your doctor said about your baby's iron? What do you know about low iron? 	200's Biochemical = Blood Tests KWIC Screen: Blood Measures Ask only if applicable: <ul style="list-style-type: none"> • What has your doctor said about your iron? What do you know about low iron?
300's Clinical = Health/Medical Conditions KWIC Screen: Health Interview (First, ask all questions on Health Interview) <ul style="list-style-type: none"> • What did the doctor tell you about your baby at the last Well Child Check? (2 mo., 4 mo., 6 mo., 9 mo., 1 yr) • Did your baby receive any immunizations at that time? • Tell me about any changes in your baby's health or development? (Crawling, teething, allergies, medical cond.) KWIC Screen: ATOD (Ask all questions on ATOD)	300's Clinical = Health/Medical Conditions KWIC Screen: Health Interview (First, ask all questions on Health Interview) <ul style="list-style-type: none"> • Tell me about any changes to your health/eating habits (medical conditions, food/beverage choices) PROBE for any changes since certification KWIC Sreen: ATOD (Ask all questions on ATOD)
400's Diet and Nutrition KWIC Screens: Notes Breastfeeding <ul style="list-style-type: none"> • What questions do you have about breastfeeding? • How often does your baby nurse? • Are you pumping? How often? How often does your baby take breastmilk in a bottle? • Would you like more information on breastfeeding and _____ (teething, feeding frequency, growth spurts)? Formula feeding <ul style="list-style-type: none"> • How are feedings going? • How often/much does your baby take a bottle of formula? • What do you do with formula left over in the bottle? • Would you like more information on bottle feeding (storage, preparing formula, growth spurts)? Eating Solids <ul style="list-style-type: none"> • What foods/beverages does your baby get other than formula or breast milk? (choking) • How often do you feed your baby solid foods? • How do you plan to wean your baby from the bottle? (if formula feeding) • Tell me about cup use with your baby. <i>Optional:</i> <ul style="list-style-type: none"> • Please share one thing you like about your baby's eating? • What would you like to be different about his/her eating? 	400's Diet and Nutrition KWIC Screens: Notes <ul style="list-style-type: none"> • How is breastfeeding and/or pumping going you and your baby? What are your goals for breastfeeding? (supply, pumping schedule, separation, storing) <i>Optional:</i> <ul style="list-style-type: none"> • Please share one thing you like about your eating habits? • What would you like to be different about your health/eating? Why? PROBE for any changes since certification.