

Postpartum Woman

100's Anthropometric = HT/WT, % tiles *(Anything related to weight gain, loss, growth)*

KWIC Screen: Anthro Measures

- What has your doctor said about your weight? (if applicable)
- How do you feel about your weight since you had your baby?

PROBE for feelings on weight change

200's Biochemical = Blood Tests *(Anything related to blood – anemia, lead, glucose)*

KWIC Screen: Blood Measures

- **(If low Hgb)** What has your doctor said about your iron—now, or during pregnancy? What do you know about low iron?

300's Clinical = Health/Medical Conditions *(medical history, medical conditions, doctor access)*

KWIC Screen: Health Interview

- **(First, ask all questions on KWIC Screen: Health Interview)**
- What concerns might you have about your health at this point? Do you have any medical or nutrition concerns that you are currently being treated for such as food allergies 353, lactose intolerance 355, weight loss surgery 359, diabetes 343/302 or hypertension 345?
- What does your doctor say about your health?
- Has your doctor talked with you about depression 361? How are you feeling these days? (If LA administers a depression screening tool, follow local procedure to guide conversation)
- **(BF mom) Tell me about your breastfeeding and pumping experience thus far.**

PROBE for medical/health conditions, oral/dental health 381, ***BF complications 602**

KWIC Screen: ATOD

- **(Ask all questions on KWIC Screen: ATOD)**

PROBE for supplements 427, ATOD

400's Diet and Nutrition

KWIC Screens: Notes

- How is your appetite?
- Tell me a little bit about what you are eating/drinking. How often you are eating meals/snacks?
- Are you following a special diet or have any diet restrictions? 427
- Are you having any cravings? 427
- What are some physical activities that you (and your family) enjoy?
- What has your doctor told you about physical activity since you had the baby?

PROBE for eating pattern, milk intake & type, beverages/water, foods that could be contaminated, diet restrictions, PICA 427

- What are you doing to improve your health?
- **(BF mom) What questions do you have about breastfeeding? 602**

900's Environmental/Other Factors

KWIC Screens: Notes

- Are there times when anyone makes you feel unsafe? 901
- Do you feel your family could use support from other programs for housing or food at this time?