

**Pregnant Woman****100's Anthropometric = HT/WT, % tiles** *(Anything related to weight gain, loss, growth)***KWIC Screen: Anthro Measures**

- How do you feel about your weight change with this pregnancy?
- What has your doctor said about your weight? (If applicable)

PROBE for feelings on weight change

**200's Biochemical = Blood Tests** *(Anything related to blood – anemia, lead, glucose)***KWIC Screen: Blood Measures**

- **(If low Hgb)** What has your doctor said about your iron? What do you know about low iron?

**300's Clinical = Health/Medical Conditions** *(Anything related to medical history, medical conditions, doctor access)***KWIC Screen: Health Interview**

- **(First, ask all questions on KWIC Screen: Health Interview)**
- What concerns might you have about your health at this point?
- How does this pregnancy compare to your previous ones?
- What has your doctor said about your health? And your pregnancy?
- Do you have any medical or nutrition concerns that you are currently being treated for such as food allergies 353, lactose intolerance 355, weight loss surgery 359, diabetes 343/302 or hypertension 345? (or others)
- Has your doctor talked with you about depression 361? How are you feeling these days? (If LA administers a depression screening tool, follow local procedure to guide conversation)

PROBE for PN care 334, PG discomforts, medical/health conditions, oral/dental health 381

**KWIC Screen: ATOD**

- **(Ask all questions on KWIC Screen: ATOD)**

PROBE for vitamins/minerals 427, ATOD

**400's Diet and Nutrition****KWIC Screens: Notes**

- How is your appetite?
- Tell me a little bit about what you are eating and how often you are eating meals/snacks?
- What do you drink throughout the day?
- Are you following a special diet or have any diet restrictions? 427
- Are you having any cravings? 427
- Do you (and your family) have some physical activities that you enjoy?
- What has your doctor told you about physical activity during your pregnancy?

PROBE for eating pattern, milk intake &amp; type, beverages/water, foods that could be contaminated, diet restrictions, PICA 427

- What have you heard about breastfeeding?
- What kind of support do you have to help you after the baby is born?

PROBE for BF plans

**900's Environmental/Other Factors****KWIC Screens: Notes**

- Are there times when anyone makes you feel unsafe? 901
- Do you feel your family could use support from other programs for housing or food at this time?

## Postpartum Woman

**100's Anthropometric = HT/WT, % tiles** *(Anything related to weight gain, loss, growth)*

**KWIC Screen: Anthro Measures**

- What has your doctor said about your weight? (if applicable)
- How do you feel about your weight since you had your baby?

PROBE for feelings on weight change

**200's Biochemical = Blood Tests** *(Anything related to blood – anemia, lead, glucose)*

**KWIC Screen: Blood Measures**

- **(If low Hgb)** What has your doctor said about your iron—now, or during pregnancy? What do you know about low iron?

**300's Clinical = Health/Medical Conditions** *(medical history, medical conditions, doctor access)*

**KWIC Screen: Health Interview**

- **(First, ask all questions on KWIC Screen: Health Interview)**
- What concerns might you have about your health at this point? Do you have any medical or nutrition concerns that you are currently being treated for such as food allergies 353, lactose intolerance 355, weight loss surgery 359, diabetes 343/302 or hypertension 345?
- What does your doctor say about your health?
- Has your doctor talked with you about depression 361? How are you feeling these days? (If LA administers a depression screening tool, follow local procedure to guide conversation)
- **(BF mom) Tell me about your breastfeeding and pumping experience thus far.**

PROBE for medical/health conditions, oral/dental health 381, **\*BF complications 602**

**KWIC Screen: ATOD**

- **(Ask all questions on KWIC Screen: ATOD)**

PROBE for supplements 427, ATOD

**400's Diet and Nutrition**

**KWIC Screens: Notes**

- How is your appetite?
- Tell me a little bit about what you are eating/drinking. How often you are eating meals/snacks?
- Are you following a special diet or have any diet restrictions? 427
- Are you having any cravings? 427
- What are some physical activities that you (and your family) enjoy?
- What has your doctor told you about physical activity since you had the baby?

PROBE for eating pattern, milk intake & type, beverages/water, foods that could be contaminated, diet restrictions, PICA 427

- What are you doing to improve your health?
- **(BF mom) What questions do you have about breastfeeding? 602**

**900's Environmental/Other Factors**

**KWIC Screens: Notes**

- Are there times when anyone makes you feel unsafe? 901
- Do you feel your family could use support from other programs for housing or food at this time?

## Infant

**100's Anthropometric = HT/WT, % tiles** *(Anything related to weight gain, loss, growth)*

**KWIC Screen: Anthro Measures**

- How do you feel about your baby's growth?
- (Ask only if concern) What has your doctor said about your baby's growth?

PROBE for these topics depending on what participant shares: family's feelings on growth, weight change, prematurity/birth weight

**200's Biochemical = Blood Tests** *(Older infant: Anything related to blood – anemia, lead, glucose)*

**KWIC Screen: Blood Measures**

- (If low Hgb) What has your doctor said about your baby's iron? What do you know about low iron?

**300's Clinical = Health/Medical Conditions** *(Anything related to medical hx/conditions)*

**KWIC Screen: Health Interview**

- (First, ask all questions on KWIC Screen: Health Interview)
- What concerns might you have about your baby's health?
- What has your doctor said about your baby's health?
- Does your baby have any medical or nutrition conditions such as food allergies 353, lactose intolerance 355, weight loss 134, or recent surgery 359? (or others)
- When was the last time your baby had a checkup at the doctor?

**KWIC Screen: ATOD**

- (Ask all questions on KWIC Screen: ATOD)

PROBE for vitamins/minerals 427; ATOD

**400's Diet and Nutrition**

**KWIC Screens: Notes**

- Tell me about your baby's feeding routine.
- What pleases you the most about your baby's eating?
- **Breastfeeding** – Tell me about your breastfeeding or pumping experience so far 603. Who supports you with breastfeeding/pumping?
  - How often does your baby nurse? 411
  - What changes have you noticed in your breasts?
  - How many wet diapers does s/he have in 24 hours? Dirty ones?
  - Are you pumping? How often? How often does your baby take breastmilk in a bottle?
  - If using bottles, what do you do with the breastmilk after a feeding? 411
- **Formula feeding** - How are feedings going?
  - Tell me how you prepare a bottle for your baby. 411
  - What type of water do you use? 411
  - What do you do with an unfinished bottle? 411
- How do you tell when your baby is full or hungry? 411
- What foods/beverages does your baby get other than breastmilk or formula? 411
- At what age do you think it's a good time to offer your baby food?
- **OLDER:** Tell me about other foods s/he is eating.
  - How often? 411 Textures of foods given? 411 What are family mealtimes like?

**900's Environmental/Other Factors**

**KWIC Screens: Notes**

- Are there times when anyone makes you feel unsafe for you or your baby? 901

PROBE for safety/abuse 901, foster care 903

- Do you feel your family could use support from other programs for housing or food at this time?

## Child

**100's Anthropometric = HT/WT, % tiles** *(Anything related to weight gain, loss, growth)*

**KWIC Screen: Anthro Measures**

- How do you feel about your child's growth?
- (Ask only if concern) What has your doctor said about your child's growth?

PROBE for these topics depending on what participant shares: family's feelings on growth, weight change, prematurity/birth weight (if under 2 years)

**200's Biochemical = Blood Tests** *(Anything related to blood – anemia, lead, glucose)*

**KWIC Screen: Blood Measures**

- (If low Hgb) What has your doctor said about your child's iron? What do you know about low iron?

**300's Clinical = Health/Medical Conditions** *(Medical history, conditions, doctor access)*

**KWIC Screen: Health Interview**

- (First, ask all questions on KWIC Screen: Health Interview)
- What concerns might you have about your child's health?
- What has your doctor said about your child's health?
- Does your child have any medical or nutrition conditions such as food allergies 353, lactose intolerance 355, recent surgery 359? (or others)
- When was the last time your child had a checkup at the doctor?
- Has your child had a lead test? (refer)

PROBE for medical/health conditions, weight loss 134, oral/dental health 381

**KWIC Screen: ATOD**

- (Ask all questions on KWIC Screen: ATOD)

PROBE for vitamins/minerals 427; ATOD

**400's Diet and Nutrition**

**KWIC Screens: Notes**

- How is your child's appetite?
- What is mealtime like for your family?
- What do you like best about your child's eating?
- Does your child follow a special diet or have any restrictions? 425
- Does your child eat non-foods item? 425
- Does your child feed him/herself? 425
- How do you feel if your child doesn't finish his/her plate? 425
- Tell me about the beverages your child drinks?
  - Water–what kind? Milk–type? 425 Sugary beverages–how often? 425
- What does your child drink from? (bottle, sippy, open cup) 425
- What are some of your child's favorite foods/snacks? (look for choking hazards & appropriate textures; foods that could be contaminated) 425

**900's Environmental/Other Factors**

**KWIC Screens: Notes**

- What are some physical activities that your child enjoys?
- Are there times when anyone makes you feel unsafe for your child or yourself? 901

PROBE for safety/abuse 901, foster care 903

- Do you feel your family could use support from other programs for housing or food at this time?