Mental Health Among Adults
Sedgwick County, 2017

Frequent Mental Distress

Frequent mental distress (FMD) is defined as having fourteen or more days of poor mental health in the past thirty days.

In 2017, **about 14 of every 100** Sedgwick County adults 18 years and older had frequent mental distress.

Depressive Disorder

Depressive disorder is defined as depression, major depression, dysthymia, or minor depression.

In 2017, **nearly 23 of every 100** Sedgwick County adults 18 years and older had depressive disorder.

Kansas
Department of Health
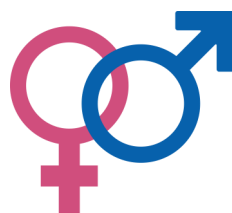and Environment

www.kdheks.gov/brfss

Depressive Disorder by Selected Socio-demographic Characteristics, Sedgwick County

BY GENDER

Depressive Disorder was significantly higher among **women** compared to **men.**

28.9%

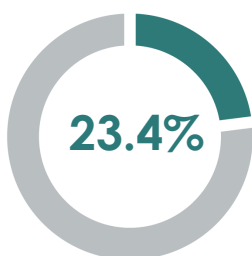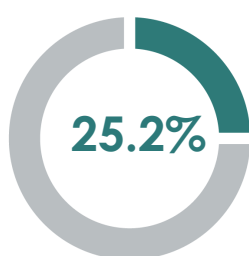**Nearly 29** of every 100 adult women.
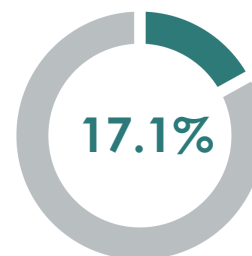
16.4%

About 16 of every 100 adult men.

BY AGE

Depressive Disorder was **significantly higher among persons aged 18-44 years, and 45-64 years** compared to those **aged 65 years and older.**

23.4%

About 23 of every 100 adults aged 18-44 years.

25.2%

About 25 of every 100 adults aged 45-64 years.

17.1%

About 17 of every 100 adults aged 65 years and older.

BY ANNUAL HOUSEHOLD INCOME

Depressive Disorder was significantly higher among persons with an annual household income of **less than $35,000 per year** compared to those with **$35,000 or higher per year.**

32.1%

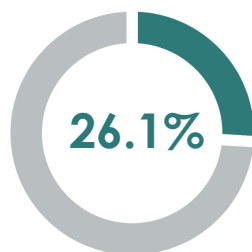**About 32** of every 100 adults with an annual household income of less than $35,000 per year.
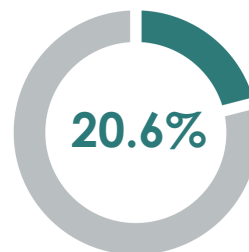
18.3%

About 18 of every 100 adults with an annual household income of $35,000 or higher per year.

Depressive Disorder by Selected Socio-demographic Characteristics, Sedgwick County

BY EDUCATION*

26.1%

About 26 of every 100 adults with a high school education or less.

20.6%

Nearly 21 of every 100 adults with some college education or higher.

BY DISABILITY STATUS

Depressive Disorder was **significantly higher among persons living with a disability†** compared to those **living without a disability.**

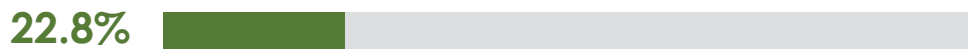**Nearly 44** of every 100 adults who reported living with a disability.

43.7%

Nearly 16 of every 100 adults who reported living without a disability.

15.6%

BY OBESITY

Depressive Disorder was significantly higher among adults **who were obese** compared to adults **who were overweight.**
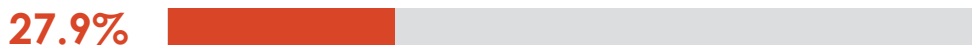
Nearly 23 of every 100 adults who were Normal or Underweight (BMI<25).

22.8%

Nearly 20 of every 100 adults who were Overweight (25<=BMI<30).

19.6%

Nearly 28 of every 100 adults who were Obese (BMI>=30).

27.9%

* The prevalence estimates of depressive disorder in Sedgwick County are not significantly different by education groups.
† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/or independent living).

Depressive Disorder by Selected Socio-demographic Characteristics, Sedgwick County

BY PHYSICAL ACTIVITY

Depressive Disorder was significantly higher among adults **who were physically inactive‡** compared to adults **who were physically active.**
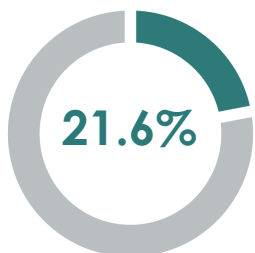
21.4%

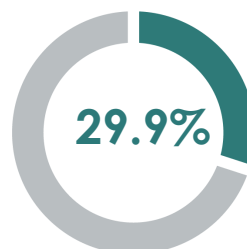**About 21** of every 100 adults who participate in leisure-time physical activity

29.2%

About 29 of every 100 adults who did not participate in leisure-time physical activity

BY HEALTH INSURANCE*

21.6%

Nearly 22 of every 100 adults who were insured.

29.9%

Nearly 30 of every 100 adults who were uninsured.

* The prevalence estimates of depressive disorder in Sedgwick County are not significantly different by health insurance groups.
‡Physically Inactive: Respondents were classified as physically inactive if they responded "no" to the following question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?"