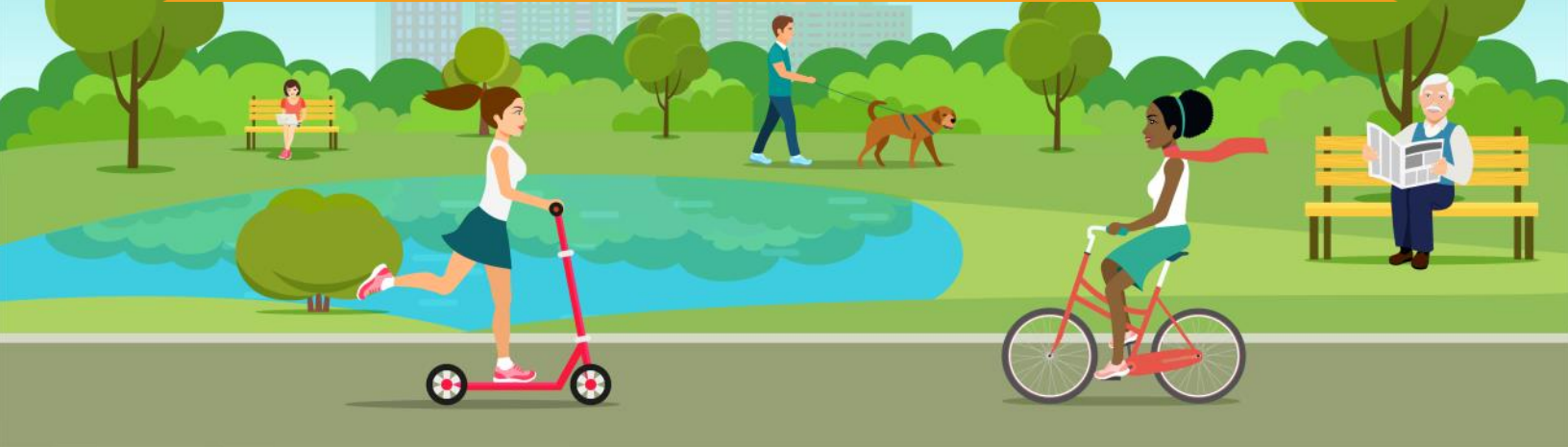# Chronic Health Conditions Among Adults*

Northwest BT Region, 2017

High Blood Pressure

35.6%

Excluding high blood pressure during pregnancy.

Obesity

31.8%

Body mass index (BMI) ≥ 30 kg/m^2 determined by self-reported weight and height.

Arthritis

26.4%

Including rheumatoid arthritis, gout, lupus, fibromyalgia, or some form of arthritis, excluding osteoporosis.

Depressive Disorder

17.2%

Including depression, major depression, dysthymia, or minor depression.

Diabetes

9.5%

Excluding diabetes during pregnancy or prediabetes or borderline diabetes.

Asthma

6.8%

Respondents were defined as having asthma if they were ever told they had asthma and still have asthma.

Kansas
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* Adults ages 18 years and older were identified as having the chronic condition if they had ever been told by a doctor, nurse, or other health professional that they had that chronic condition.

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Cancer

9.3%

Excluding all types of skin cancer

COPD

6.0%

Including chronic obstructive pulmonary disease (COPD), emphysema, or chronic bronchitis.

Skin Cancer

10.2%

Any types of skin cancer including carcinoma, melanoma and sarcoma.

Coronary Heart Disease

4.7%

Including angina or coronary heart disease. Excluding heart attack/myocardial infarction.

Kidney Disease

2.8%

Not including kidney stones, bladder infection or incontinence (not being able to control urine flow).

* Respondents were identified as having the chronic condition if they had ever been told by a doctor, nurse, or other health professional that they had that chronic condition.